



Regalia making classes to resume in January at Cultural Heritage Center

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Citizen Potawatomi Nation member brings new perspective to traditional art

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Citizen Potawatomi Nation, Bureau of Indian Affairs complete controlled burn of cedar trees

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HOWNIIKAN

Kchemkogises (January 2013)

People of the Fire

Citizen Potawatomi Nation Police Department keeping order

The crime rate experienced by Native Americans and in Native American communities has been the focus of numerous studies and legislation. According to the United States Justice Department, Native Americans experience crime at a rate more than twice the rate of the United States population.

These crimes often occur in rural areas or on reservations, which are areas where law enforcement resources are extremely limited or confusing. According to federal reports, less than 3,000 tribal and federal agents cover more than 55 million acres of Native American territory in

the United States.

According to the National Indian Gaming Commission, the United States is home to nearly 500 gaming facilities, owned and operated by tribes, bringing in of millions of dollars in revenue. The increased number of gaming facilities, the diversification of tribal businesses on Native American land and the limited resources of federal and state agencies to protect those businesses has shown that there is a need for tribal police departments.

The Citizen Potawatomi Nation Police Department was founded more than two

decades ago to protect tribal assets and employees, increase public safety and enhance the general well-being of the community.

“We have to secure our properties and make sure employees, tribal members and people in our community feel safe at work and out in the community,” said Sheila McDaniel, assistant director, CPN Police Department. “Our officers focus on patrolling the community and building relationships. That has been crucial to crime prevention and criminal prosecution.”

The people

Citizen Potawatomi Police Department employs more than 30 people. Those employees make up the dispatchers, officers, detectives and staff necessary to keep the community safe.

The police department employs six dispatchers who are the “key to life” for the patrolling officers. Dispatchers take calls, direct officers to emergency situations, and check tags and drivers licenses

on traffic stops as well as track officer locations whether they are on a call or patrolling.

More than 20 officers patrol the 900 square mile tribal jurisdiction, with a focus on tribal property and land. The CPN police department is one of only four police departments serving all of Pottawatomie County.

“A big part of what we do is prevention and community policing,” said Dr. James Collard, police chief, CPN Police Department. “It’s our responsibility and focus to protect property and to protect lives.”

Two detectives work with federal, state and local police agencies to provide evidence in criminal cases. Detectives gather evidence, process the evidence and hand it over to the District Attorney for charges. They also work with the Federal Bureau of Investigation and the Bureau of Indian Affairs on larger criminal cases.

“Our jurisdictional boundary overlaps county and state

lines,” said Lee Minick, detective, CPN Police Department. “Sometimes the county can’t handle the crimes that occur on tribal property, so we handle the investigation

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Major Jodi Opela stands in front of his patrol vehicle. CPN Police have about 20 police vehicles.

Citizen Potawatomi Nation Awarded Three Grants from the U.S. Environmental Protection Agency

The Citizen Potawatomi Nation will receive three grants totaling approximately \$315,000 from the U.S. Environmental Protection Agency to assess air quality and water quality within the tribal jurisdictional area and build tribal environmental program capacity.

“Our environmental programs are crucial in protecting and preserving our tribal lands,” said John Barrett, Chairman, Citizen Potawatomi Nation. “We appreciate our partnership with the EPA and other agencies on our environmental programs.”

The Citizen Potawatomi Nation Environmental Department will use grant funds to gather water quality data, continue monthly surface water sampling, assess the quality of the tribe’s surface waters, and evaluate tribal air quality to determine future air program needs.

“Historically, tribal lands have been overlooked when it comes to these types of activities,” said Shawn Howard, CPN assistant environmental director. “The EPA doesn’t have the staff or equipment



CPN Environmental test the water in the North Canadian River

available to adequately assess the quality of our water and air, so grant funds will be used to help in these assessments. This benefits the Tribe and community by focusing on local conservation and protection efforts while training our technical staff.”

CPN currently monitors surface water quality within the CPN jurisdiction to determine if a more thorough watershed pollution management program is needed.

“It’s critical that we understand what’s happening

with our water,” said Howard. “Monitoring the quality and condition regularly is the only way we can note any changes. This is important in protecting our water resources.”

The Citizen Potawatomi Nation has progressed in developing its environmental programs through partnerships with other tribes and state and federal agencies.

CPN will use EPA grant funds to partner with the Cherokee Nation’s Inter-Tribal Environmental Council to begin monitoring ground-level ozone concentrations near tribal headquarters.

“Ground-level ozone, or smog, is a potentially harmful air pollutant,” said Howard. “Because the tribe is located between two metropolitan areas with continual air quality problems, we’ll begin monitoring near tribal headquarters. This will help us determine if it needs to be addressed.”

According to the Centers for Disease Control and Prevention, those who are at the

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Citizen Potawatomi Nation receives Excellence in Financial Reporting Award for 23th year

The Government Finance Officers Association of the United States and Canada has recognized Citizen Potawatomi Nation for creating a transparent and comprehensive annual report. The award was for fiscal year 2011, which ended Sept. 30, 2011 and is in recognition of the tribe’s adherence to financial transparency and full accountability for the CPN’s financial resources.

“Tribal citizens can be confident that we are accountable for your money and that we’re following established accounting guidelines,” said John Barrett, Chairman, Citizen Potawatomi Nation. “This award confirms that

Citizen Potawatomi Nation’s financial integrity meets the highest financial reporting standards.”

The award is the highest form of recognition in the area of government accounting and financial reporting, and represents a significant accomplishment by Citizen Potawatomi Nation.

The award recognizes CPN’s efforts to provide financial statements and accurately present the financial condition of all tribe funds for the previous fiscal year. CPN’s accounting standards exceed the minimum requirements of the accepted accounting principles demonstrated through comprehensive annual reports.

“It is an honor to be recognized by an agency with such high standards for our accounting standards and transparency,” said Susan Blair, chief financial officer, Citizen Potawatomi Nation. “This award is additional assurance to our tribal citizens that we are being responsible with and protecting Citizen Potawatomi Nation’s assets.”



Chief Financial Officer Susan Blair and Assistant Director of Finance Becky Cragin stand in front of numerous awards earned for excellence in accounting.

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CPN Environmental test the underground storage tanks at the FireLake Travel Plaza

Language and Culture

Cultural Heritage Center exhibit helps visitors connect with the past

For many Native American tribes the forced removal of their people marks a defining moment in their culture and history. For the Citizen Potawatomi Nation, that time is often referred to as the Trail of Death, the forced removal of the Potawatomi from Indiana.

In 1838, nearly 900 Potawatomi began the 660 mile walk from Twin Lakes to the prairies of Kansas. Many Potawatomi died during the Trail of Death, mostly elders and children, and though the loss of life was great, there was also a loss of culture and history.

“A lot of Potawatomi traditions and culture were lost on the trail, simply because they had to keep moving forward,” said Kelli Mosteller, director, Citizen Potawatomi Nation Cultural Heritage Center. “We hope that by coming to the Cultural Heritage Center and learning more about their ancestors and the history of the tribe, tribal members will be able to revive those traditions and have a deeper understanding and appreciation for their culture.”

Citizen Potawatomi eventually settled in present day Oklahoma after living in Kansas for thirty years. Although there were some things on the Great Plains that the Potawatomi were familiar with, their new home was much different than the northern woodlands they had left behind.

“We receive numerous questions from tribal members regarding the traditional lifeway pre-dating removal,” said Blake Norton, tribal archivist and curator, Citizen Potawatomi Nation Cultural Heritage Center. “Establishing a permanent residence and transferring cultural elements based within a woodland context to a relatively foreign prairie environment was difficult for those Potawatomi forced west. Many integral pieces of their existence could not be replicated and were essentially lost along the trail.”

The Potawatomi Trail of Death is one of the most well documented forced removals among Native Americans. A journal, kept by Emigration Conductor William Polke, and sketches, drawn by British-born artist George Winter, give an accurate account of the 660 mile removal from Indiana to Kansas.

The staff at the Cultural Heritage Center wanted to create something to

represent the many different Potawatomi removals. The exhibit includes the Trail of Death and was created so that tribal members could experience removal and gain a better understanding of some defining moments in Citizen Potawatomi Nation history.

“Tribal members have a hard time connecting with this part of the past because of its tragic nature,” said Norton. “We wanted to create something that people can really put themselves into and be emotionally drawn through the story.”

There are four elements to the Removal exhibit, meant to draw in spectators on every learning level, to fully submerge spectators in the history of the removal period and the Trail of Death.

Element one, scenery and people:

A forty foot mural is painted along the back wall, acting as the backdrop for the exhibit. The mural was painted by Penny Coates and Sharon Catlege, both Citizen Potawatomi Nation tribal members and employees.

“Sharing in re-creating the Trail of Death in an artistic manner has been very humbling,” said Penny Coates, Citizen Potawatomi Nation. “Knowing the loss and devastation that my own people endured during the forced removal brings a deep sadness to my soul. With each brush stroke I felt I was telling our story of life.”

The exhibit includes five mannequins, all hand selected and dressed in clothing created by tribal member Gayla Mosteller. The prints and colors all reflect the traditional clothes worn by the Potawatomi during the early 1800’s.

“We wanted to correctly depict how those on the trail would have looked, realistically illustrating that their clothes became tattered and many lacked shoes while walking across four states,” said Norton. “Despite the grueling conditions, they still marched with a strong sense of pride.”

Element two, a first-hand account:

The second element includes the sketches and diary articles from Polke and Winter, offering guests a first-hand account of daily life along the Trail of Death.

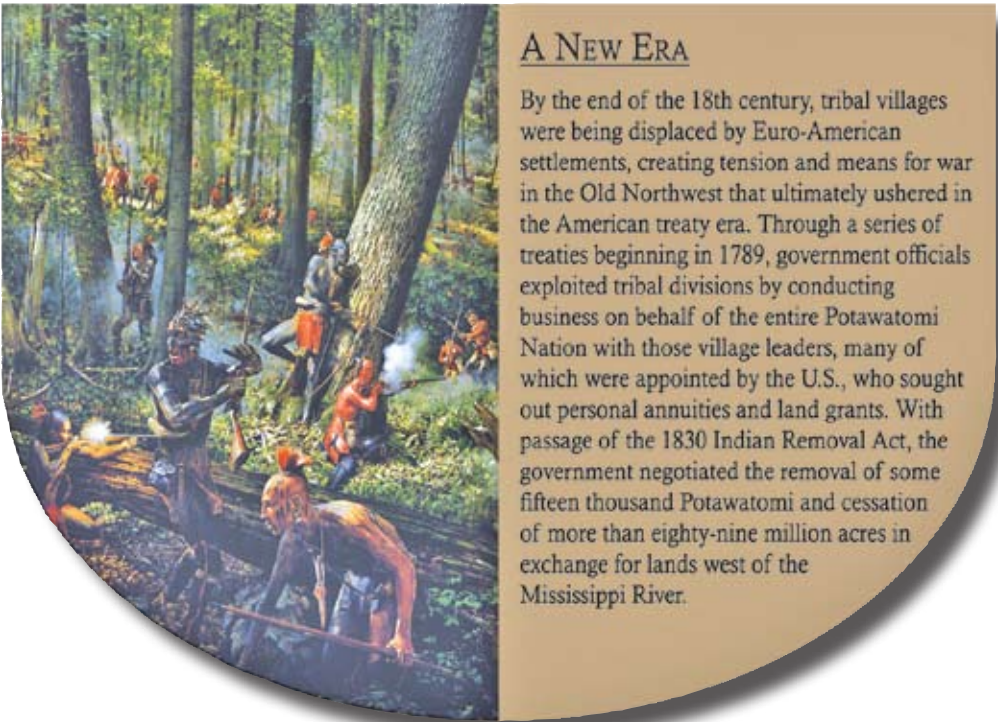


This informative panel gives a historical account of the Trail of Death



The Removal Exhibit at the Cultural Heritage Center

The Removal Exhibit at the Cultural Heritage Center



Pottawattamie Emigration-George Winter. 1838



A portion of one journal entry reads:

Tuesday, 4th Sept.

Left Encampment at Twin Lakes at half past 9 o’clk A. M. leaving behind on account of sickness of the chief San-ga-na, with his family consisting of thirteen persons, three of whom are very sick, and proceeded on our march. Messrs. Wheeler & Hopkins agree to furnish provisions during the sickness of the family, and until such time as San-ga-na may be able to report himself at the agency at Logansport, preparatory to his emigration west. The day was exceedingly sultry, and the roads choked up with dust. Travelling was attended with much distress on account of the scarcity of water. Reached Chippeway at sunset having travelled a distance of twenty-one miles—five miles further than it was the intention of the Conductor to have gone, but for the want of water. The number of horses belonging to the Indians is estimated at two hundred and eighty-six—the number of wagons engaged in the transportation twenty-six. Provisions and forage rather scarce and not of the best quality.

There are six journal excerpts and sketches from the Trail of Death included in the exhibit. The journal excerpts span the time period of Sept. 4 to Nov. 5, 1838, the full two months it took them to walk to Kansas.

Element three, an interactive display:

The third element includes interactive maps, bringing the exhibit into the 21st century. The maps include information on treaties, settlements and the many removals the Potawatomi faced.

The Territory screen shows the ancestral range of the Potawatomi as well as the impact of treaty negotiations and land cessions between the Nation and United States over a twelve hundred year span [800-present].

The Village, Fortification, Settlement/Trading Post and Mission screens illustrate the vast and varied dispersal of these entities. Each of the village icons is identified with its respective headman, while the other icons show each establishment date.

The Removal screen shows numerous removals that the Potawatomi had to face; each with their associated dates, start and end locales.

The illustration and interactive are not complete representations of the twenty

year removal period, but give guests an idea of how many removals the Potawatomi faced.

Element four, historical narrative:

The last element is a narrative, which is printed on panels across the bottom of the exhibit. The panels explain the historical context of all of the elements of the exhibit.

These chronological panels begin in 1789 with several treaties with the U.S. Government and moves on to the 1830 Indian Removal Act. The second panel explains the negotiations between the Potawatomi and the U.S. government between 1835 and 1837. The third panel is a historical account of the Trail of Death. The fourth panel ends the timeline in 1867 when the Citizen Potawatomi signed the final treaty with the U.S. Government and settled in present day Oklahoma.

The exhibit opened in June 2012 and is a permanent exhibit at the Cultural Heritage Center. Unlike many museums and cultural centers, all of the exhibits at the CPN Cultural Heritage Center are created by the CHC staff and CPN tribal members.

“We wanted to create something by the tribe, for the tribe,” said Norton. “All of the work was done by Citizen Potawatomi Nation tribal members and CHC staff.”

The staff at the Cultural Heritage Center hope that this exhibit will give guests a better understanding of the removal period so that they take interest in revitalizing and understanding the culture and tradition lost along the way.

“Removal was more than walking from state to state,” said Norton. “The Potawatomi were stripped of cultural elements and their way of life by day one. Hopefully this exhibit is a small step toward understanding and really comprehending what that means, while realizing the strength of and sacrifices made by tribal members to revitalize the cultural traditions seen today.”

Plan your visit to the Citizen Potawatomi Nation Cultural Heritage Center. Hours of operation are Tuesday through Friday from 8 a.m. to 5 p.m. and Saturday from 10 a.m. to 3 p.m. For more information on the Cultural Heritage Center visit www.potawatomiheritage.org.



A scene from the mural painted by CPN member Penny Coats



This interactive map displays the routes of several Potawatomi removals



Bishop Brute Preaching to a Concourse of Connected Pottawattamie Indians Near Logansport Indiana-George Winter. 1838



Regalia making classes to resume in January at Cultural Heritage Center

The Citizen Potawatomi Nation Cultural Heritage Center will offer regalia making classes from January to June 2013. The classes are open to the public and any

level of sewing experience is welcome. The Cultural Heritage Center will provide sewing machines for use in class, but students will need to bring their own

materials including fabric, thread, needles, beads, etc. “Now is a great time for people to start thinking about their regalia for the Family Festival in June,” said Kelli

Mosteller, director, Citizen Potawatomi Nation Cultural Heritage Center. “This will give students the time to personalize their design and really make it an expression of their personality.”

Leslie Deer, an award-winning textile artist will be teaching the classes. Deer learned the art of traditional ribbon work and applique from Sara Franklin and Viola Spoon, renowned Sac & Fox artists. Deer has been practicing this technique for nearly 20 years. “It is vital to our Native culture that our traditional arts are passed on,” said Deer. “I am so grateful to have had this art form shared with me, and it is my greatest honor to be able to share it with others.” Students will have the opportunity to learn traditional Woodland ribbonwork techniques, including how to make pattern templates and how to apply the ribbonwork to garments. The ribbonwork can be applied to any specific portion of one’s dance regalia or traditional Potawatomi

clothing. There will also be an opportunity to create dance regalia items including Potawatomi blouses, dance shawls, ribbonwork skirts and drawstring purses. Deer is also a World Class Champion Fancy Shawl Dancer and has competed at powwows across the country. That journey has featured tours as a cast member of the world-renowned American Indian Dance Theatre, Dance Leader for the Mashantucket Pequot Nation’s Foxwoods Dance Troupe, and a cast member of the Oklahoma Fancy Dancers. Deer has exhibited her regalia design aesthetic in several competitions from the Eiteljorg Museum’s Indian Art Market to the Annual Santa Fe Indian Market. She earned first place in Textile Categories at both markets. The monthly calendar with classes and times is available on the Cultural Heritage Center website at www.potawatomih heritage.org



Ladies who made their own regalia in Leslie’s class last year – from left to right they are Kristy Kessinger, Jeannie Miles, and Reva Wolf

From the language department: What do we call our months?

The months of the year in Potawatomi were never a static thing. They changed depending on where we were living at the time. During different periods of time Potawatomi people were living in Green Bay, Wisconsin, Southwest Michigan, around Detroit, Madeline Island and in Canada. The cycle which we followed was a 13 moon calendar. Our language is extremely descriptive so the moons/months were based on natural phenomena occurring around our ancestors.

Today the months recognized in Wisconsin are not the same as those used in Kansas. Mainly due to the fact that certain plants and events just don’t occur in the South. We have even discussed within the language department of creating our own calendar with very Oklahoma specific months. For example we thought Wawyasto gises- tornado month (may) or Pkan gises-pecan month for august. If you can think of some very uniquely Oklahoma occurrences let us know that may one day figure into a unique Citizen Potawatomi Calendar. Right now we use the words used in Wisconsin. Mainly in order to recognize and remember many of the concepts and times of year which were important to our ancestors.

We lost access in Oklahoma to many types of plants which were staples used for medicine, food, and construction. We use Zisbaktokegises for April which literally means maple syrup gathering time. Our people used maple syrup to as a main seasoning in many of dishes. When we were removed to Kansas and then eventually into Oklahoma we could no longer tap maple trees. The trees simply don’t flow. In order to have ideal conditions for maple syrup you need long periods of extreme cold followed by abrupt warming periods. Those of us in Oklahoma having just experienced 70 degree weather in December can understand why this doesn’t occur down here. We no longer have access to birch bark trees which were abundant in the great lakes. We used birch for wigwams, canoes, and baskets. We also no longer had black ash trees used for baskets. We couldn’t harvest many of the medicines which were central to our people. Our four main medicines were Sema (tobacco), kishki (cedar), Wabshkebyek (sage), and Wishkpemishkos. (sweetgrass). We no longer had sweet grass or the same time of flat cedar available. We instead started using Shkop (southern cedar) also known as juniper for many of our ceremonies.

We are definitely a people who have overcome much and continue to hold onto our language and traditions. Pay attention as each month occurs we will try and talk a little about what various months and moons meant to our people. Some other months are Nmebnegises- March Sucker moon. This is when the sucker fish run. In Kansas they use Jejak gises- crane moon. The month when the cranes return. Demen Gises strawberry moon is May, and Gtegegises- June is planting moon. An alternative name for April is Pgon gises- bark peeling moon. This is the time of year when the trees are ready to be peeled.

Our seasons were also important to us. The winter was a time of year when we believed that the spirits were asleep. It was a time of renewal for the earth. The snow which would cover the earth was like a blanket over Segmekwe- mother earth. It was in the winter time when we would tell certain types of Wiske or Nanabozho stories. Wiske also sometimes called Nanabozho was the trixster in Potawatomi mythology. He was sometimes represented with a white rabbit. These stories were only supposed to be told in the winter time. We have started sharing a few of these stories with you and are planning on doing a winter story telling class in February. So hopefully you can come and hear some of these traditional stories and pass them on in your own family. Keep in mind though that they were only told in the winter time and honor our ancestors by adhering to this same time frame.

Winter Story: Wech-shkwanwat o Wabozo

Why the rabbit has a short tail--As told by Mary Daniels

O, neko ngi-babzedwak neshnabek e-yayajmowat eyayengajmowat.

I used to listen to the people telling stories; something they laughed about.

Iw je ni wabozoyen ngodek e’wa e-gi-yajmawat.

Once they told about rabbit.

O, bnewi neko o wabozo gi-gnewanwe.

Oh, at one time, rabbit had a long tail.

Gi-gnewanwedek kedwik.

He must have had a long tail, they say.

Iw je i wech-shkwanwat ngom ga-zhewebzet.

That’s why he has a short tail today, because of what happened to him.

Jigbyek ibe e-pa-zhyat.

He went around there by the water.

“O, begesh na ezhi gameyek gshketoyan e’byayan,” e-kedot.

“Oh, I wish I could make it to cross over and get there,” he said.

E’dnednangedok jigbyek.

He was talking to himself along the river.

Gekpi zhe gwagwashkseo.

Finally he started jumping up and down.

“A, begesh na ibe zhyayan.”

“Ah, I wish I could go over there.

“Begesh na ibe gshketoyan gameyek zhyayan,” e’-kedot.

“I wish I could make it over there,” he said.

I je gewi zhi o gagtanago i yedek.

So must be crocodile was there.

Beshoch zhe na zhi jigbyek ge e-gegwijek.

He was floating in the water near the shore.

Zagwjanegwijen zhi.

His nose was just barely sticking out.

“A! Nshi! Ni je ezhwebzeyen?” wde-nan ni wabozoyen.

“Ah, little brother! What’s the matter?” he said to the rabbit.

“O, begesh e-zhi-zhyayan gameyek,

“Oh,” the rabbit told him, “Oh, I wish I could make it across,

Ndezhd’e a gche-

mnwabmenagwet ibe.

The clover looks really good over there.

Ode nesobgyak menopdeman da-je-we-ne-wabdeman,” e-kedot o wabozo.

I would go and look for the clover that I love,” said the rabbit.

“O, jo wi zhe na gego abje yawsenon i,” kedo o gagtanago.

“Oh, there’s nothing much to that,” said the crocodile.

“Wenpenet se wi I da-je-zhyat weye gameyek.”

“It’s easy if somebody wanted to go across.”

“O, gin se wi zhe.

“Oh, for you.

Wenpenet zhe na gin ibe da-je-negwzhweyen.”

It’s easy for you to get there because you can swim.”

Mbishek ge na gin gdednes,” e-nat ni gagtanagoyen o wabozo.

You live there in the water.” The rabbit told the crocodile.

A, iw je [e-nmo e-nmo] e-nmoshenmat.

He sensed something about him.

Gego zhe ode gagtanago nwi-nakwnek,” e zhdeat o wabozo.

“this crocodile has something planned for me,” thought the rabbit.

“A, nshi! Nge-pa-ndomak gode mbiwezimek.”

“Ah, little brother! I will go and call my crew.”

“ A iw zhe yedek e-wi-dkemosh’ewat gode,” zhede’e o wabozo.

“Ah, must be they will take me across,” thinks the rabbit.

A, babwichget jigbyek.

Ah, he waited there by the shore.

Bama zhe shkejimeyek gete mine e-bye-zagwjanegwijek o gag tanago.

A little while later, sure enough, the crocodile came again and stuck his nose out of the water.

“A, ngi-madmak gode nikanek e-wi nibneshnowat zhode e-dkembetoyen.

‘Ah, I asked my friends to lay

in a row here so that you can run across.

wi-dkemakwshenwik.

They will form a bridge.

Nibneshnok iw zhe zhiw wpekwnawak zhe ezhi wa-ne-pegwzoyen ode gche-zibe.

They will lay across, and then you can run across this big river on their backs.

Nomek zhe na [gwi-gwi-e.. nomek zhe na wi e-ne] e-wi-byayen gameyek.

In just a little while, then, you will get across to there.

Mine I wa-zhe-wjitmagoyen.”

That’s how they will help you.”

A, gkanabmat o wabozo.

Ah, the rabbit looked across.

“O, wzam ne zhe gete ode?”

“o,can this really be?

G a g t a n a g o nwejitmagodek?” e-zhde’at.

Will crocodile really help me?” he thought.

“a wzhitan e-wi-dkembetoyen.”

“ah, get ready to run across.”

Gete gi gagtanagoyek zagpekwenegwijnok, bikwa zhe na gete azhgen.

Those crocodiles were really sticking their backs out of the water. Just like a bridge.

Ga-wzhetowat ni wiyewan.

That’s how they made it; with their bodies.

“A, ndewach gete, gnebech zhe nda-gshke’o,” e-zhde’at o wabozo.

“ ah, I just might make it after all,’ thought the rabbit.

Ibe kewe-zhhenwit, kewe-gche-bmebtot.

He first got ready: first made a dash.

[zhi ne] zhiw pekwnanek niw gagtanagoyen[e-] ne-pepegwzot e-ne-gwagwashkze’ot.

So he leaped and leaped and jumped and jumped on the crocodiles’backs.

Gete zhe na mamey ibe e-gi-ne-bembtot ibe gameyek.

He soon really started to run across the river.

... widmewat ni wabozoyen, iw je ga-zhechgewat.

The First National Bank Board of Directors met with Oklahoma Legislators and Directors at Citizen Potawatomi Nation services and enterprises to celebrate the newest First National Bank branch. First National Bank & Trust Co. began when the charter for First Oklahoma Bank, N.A., was approved on June 30, 1983. The Citizen Potawatomi Tribe purchased the bank in February 1989. The Board of Directors includes John A. Barrett, Jr., Larry Briggs, Linda Capps, D. Wayne Trousdale, Jerald O'Connor, John A. Robinson, M.D., Jack Grimmer, Jr., Ross O. Swimmer and John V. Anderson.



Debbie Tsotaddle, Scherry McNeal, Susan Blair, Becky Cragin, Anthony Arington, Tedda Hogan, Ginger Johnson and Vice Chairman Linda Capps.



Oklahoma Legislators David Barrett, Ross Swimmer, Randy Waters, Johnny Anderson.



Tim Tallchief, Linda Capps, Ross Swimmer and Larry Briggs



D. Wayne Trousdale, Oklahoma Legislators Lisa Kraft, Melissa Snelling and Ross Swimmer.



Linda Capps, Chad Wilkerson



CPN Gaming Commissioner Executive Director Jason Greenwalt and CPN Secretary-Treasurer D. Wayne Trousdale



Chairman John Barrett and Randy Waters



Jerald O'Connor, First National Bank President Larry Briggs



Oklahoma Legislators David Barrett and Ross Swimmer



Chairman Barrett addresses directors, Oklahoma Legislators and the First National Bank Board of Directors



Jack Grimmer, Johnnie Anderson and Jerald O'Connor



D. Wayne Trousdale and Shane Jett

SHOULD YOU GET THE FLU SHOT?

By Doctor Ron Shaw, CPN Clinic

Influenza is an illness caused by a virus associated with symptoms of intense body aches, fever, cough, head congestion, and possibly nausea and/or diarrhea. It differs from the common cold in that the body aches are usually much more intense and the illness more prolonged. Influenza may be complicated by pneumonia or meningitis.

Treatment of influenza may include medications that may shorten the duration of the illness, or may be effective in reducing ones’ risk of developing influenza after exposure. Vaccination against the influenza virus is by far the most effective means to reduce the risk of contracting influenza and its associated complications. Some of these complications may be life threatening in the very young or the very old, or in those who have heart and lung problems or cancer.

The current influenza vaccine contains viral particles (killed virus) that represent three different strains of influenza. By injecting these particles contained within the vaccine, the body will generate antibodies directed against those viral strains contained within the vaccine to provide an immunologic defense against developing influenza.

Protection against the swine flu illness that was part of a pandemic in 2009 would still be conferred by the presence of the three strains included in the influenza vaccine.

Currently all patients greater than or equal to six months of age including pregnant patients, are candidates for the influenza vaccine. For pregnant women who receive the vaccine, receiving the vaccine will also confer protective immunity against influenza to the newborn for the first six months of life. The best time to receive the influenza vaccine is from September thru the end of the flu season in May. One must remember that it takes two weeks after receiving the influenza vaccine, for the body to generate adequate antibody levels. During those two weeks, you do not have adequate defense against influenza. Your health care provider could prescribe additional medication to offer temporary additional protection, while your antibodies are forming from the flu shot if it’s during the middle of the flu season.

There are different types of influenza vaccine. Basically there are shots and the flu mist. The flu mist is a live virus vaccine that may be administered intra-nasally to non-pregnant patients between the ages of two and 49 years. In general the flu mist is best for children and the flu shot is best for adults in terms of the ability to produce adequate protective antibodies. Patients who have an intense fear about needles would still be candidates for the flu mist vaccine spray, if they are less than age forty-nine.

Side effects of the influenza vaccine may be body aches and low grade fever for one or two days, that typically responds to Tylenol or Ibuprofen and then resolves spontaneously. Because the influenza vaccine contains killed virus material it really has no infectivity or way to produce acute influenza itself. There are many people who feel like the flu shot “gave” them influenza, but




more than likely the illness represented the developing of the influenza they had already been exposed to prior to receiving the vaccine, or another viral illness that was not influenza. It is important to remember that influenza and the common cold are two different viruses and the influenza vaccine does not protect against the common cold.

The influenza vaccine is available at the Citizen Potawatomi Nation Health Services, East and West Clinics, the local City County Health Department, and a variety of area pharmacies. There may be a charge for the influenza vaccine given outside the Citizen Potawatomi Nation Health Services Clinics. For any active patient to receive the vaccine at either of the CPN clinics, simply present to the front reception desk and request the influenza vaccine.

The only people who should not receive the influenza vaccine are people who currently have an illness associated with fever or have had a serious allergic reaction to eggs. Check with your public health nurse or health care provider if you have additional questions regarding this health preserving vaccine.

Infection control measures such as hand washing, and covering coughs can help prevent the spread of influenza. If you are sick with a flu-like illness, you should stay home for at least 24 hours after your fever is gone, except to receive medical care or for other necessities. While sick, limit contact with others as much as possible to keep from infecting them. Using alcohol based hand sanitizers can be an adequate substitute for washing your hands when soap and water are not available. If you believe you have influenza or are caring for someone with influenza, you should wash your hands frequently or use alcohol based hand sanitizers.

I encourage everyone to avail themselves of this simple measure for prevention of the development of influenza. Our nurses in the clinics are “expert shot givers,” but if you are overly squeamish about this, the intranasal flu mist vaccine may be appropriate for you if you are under age 49.



CPN VETERANS REPORT

Bozho,

In November I attended the U.S. Marine Corps Birthday Luncheon in Oklahoma City. It was our 237th. Each year I sit with a different group of former Marines. Some served in World War II (they are becoming fewer and fewer), the Korean War/Conflict, many are from my own era of Vietnam, and more and more are showing up from the Middle-East War. We begin talking about the “good old days” and comparing our different training experiences (much like we do at our monthly CPN Veterans Organization social meetings). What type of uniform did you wear during your enlistment (because they change quite a bit over the years) and what weapons did you use? We are amazed at the technology used in modern warfare. New rifles, smart bombs, new ground support equipment (drones, robots, remote controlled model airplanes that scout ahead of troop movements with TV coverage, and next year they will be issuing a field uniform made of an insecticide material to prevent bug bites). But one thing never changes, the character and pride of the men and women who commit themselves to the challenge of serving and protecting our great nation, facing the dangers and struggles in battle and after. The United States and Citizen Potawatomi Nation is only beginning to recognize the debt they owe their veterans and active service members. Migwetch! The CPN Veterans Organization has monthly social meetings on the fourth Tuesday of each month at 6:30 p.m. All tribal veterans and their families are welcome. For more information about our organization and becoming a member, visit our website at: www.cpnveterans.com.

Daryl Talbot, Vice Commander

CPN Police continued from page 1

and then give it to the District Attorney to prosecute.”

The tools

Federal grants and special allocations from the tribe have allowed the police department to keep technology, patrol cars and equipment up to date.

The CPN Police Department is frequently the first responder to a crime, traffic accident or emergency situation. It’s crucial that they have the means to communicate with each other and with county law enforcement. A recent purchase of 800mhz radios has allowed them to have an instant line of communication.

Another recent purchase was ODIS, or the On-line Directives Information System, which allows them to keep track of response times, investigations they’ve helped with and crimes they’ve responded to.

“This system helps us to see patterns in crime in our community and adjust our staffing and patrols to accommodate the need,” said Major Jodi Opela, CPN Police Department. “It’s also justification for our federal funding and for us being here. We help ease the burden on the other police agencies in the county.”

Perhaps the biggest tool for these



Amber Wheeler, dispatch supervisor, directs officers to calls and monitors officer locations.

officers is the training they are required to have. Every officer is CLEET certified and required to visit a gun range at least three times per year. Those standards exceed the minimum standards for the State of Oklahoma.

The Results

The CPN Police Department focuses on prevention of crimes, rather than response to crimes. Through patrolling and community policing, the department has been able to make an impact in the community.

“It’s impossible to put a value on the prevention of crime,” said Collard. “We try to anticipate and get in front of a potentially dangerous situation. It’s better to keep violence from happening than to try and respond to it.”

The police department also helps with community outreach. At least twice per year they use the Identikit system to create an information database for parents. Parents can have photos, video recordings and fingerprints put on a disk in case their child is ever lost or



Major Jodi Opela uses ODIS to track police response.

Homeownership Opportunity-CPNHA Acquisition Program

The Citizen Potawatomi Nation Housing Authority currently has two homes within its Acquisition inventory, for sale. We will offer a sizable mortgage buy down. These two homes are located in the Tecumseh City limits. To be eligible you must meet the following:

- Enrolled CPN tribal member
- Within the current HUD income limits per family size
- Credit worthiness is a must
- Home must be primary residence
- Free of any felony convictions includes all household members

Total household income must qualify at the time of application and at the time of purchase. For more information please contact Sherry Byers, Homeownership Manager, at (405) 273-2833 or sbyers@potawatomi.org.



Are you buying, building, or refinancing a home?
We may have some financial assistance for you!

The Citizen Potawatomi Nation Housing Authority (CPNHA) would like to inform the tribal membership, once again, about the Down Payment/Closing Cost Assistance Grant. The month of December 2012 is our 13th year of providing this program to our tribal members.

This wonderful program has assisted hundreds of Citizen Potawatomi Nation tribal members and we want to continually promote this beneficial housing assistance. Any enrolled Citizen Potawatomi Nation member is eligible to receive this grant, one time only. The maximum amount is \$2,125.00 and is not repaid at any time nor is there a second mortgage placed on the intended property.

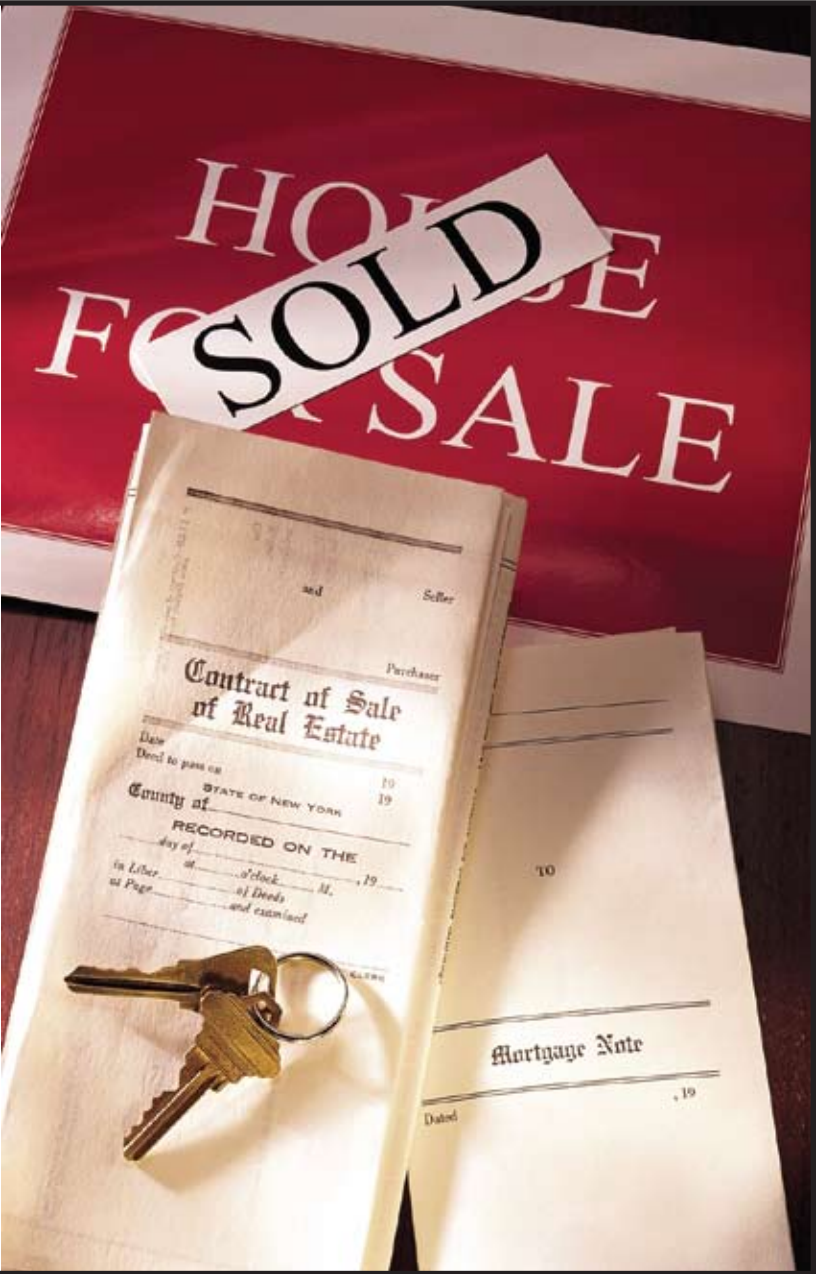
Program eligibility requirements are as follows:

The grant can not be used for any type of mobile home, convicted felons or other household member felons are ineligible, the home being purchased must be your primary residence and enrolled CPN tribal member’s name must be on the loan. You must thoroughly complete our application; send a copy of your CPN membership card, a copy of your good faith estimate, income verification for all household members (last 3 to 4 pay stubs or if same employer for many years the last two years of tax returns), copy of the appraisal, completed W-9 form, and the name of the closing party, to our office at least three to four weeks prior to your closing. This gives our office enough time to get the paperwork processed and the check mailed back to you by your closing date.

If the grant is applied for after closing, it must be submitted within 30 days of the closing transaction date. We can reimburse closing costs, if fees are paid out of pocket at closing. If costs are rolled into the loan then the funds are paid to the lender to reduce principal.

Checks are mailed to the address listed on the application unless other prior arrangements have been made.

If you have any questions or want to request an application, please contact Sherry Byers, Homeownership Manager at (405) 273-2833 or by emailing sbyers@potawatomi.org.



CPN member brings new perspective to traditional art

In the early 1990’s most of the world was focused on new technology and the turn of the century, but Dale Cannon was looking back at the Stone Age. After happening across



Dale Cannon, CPN member and flint knapper

an arrowhead, Cannon took an interest in flint knapping. That moment is one that changed Cannon’s life. “Flint knapping is important because it’s part of our culture and heritage,” said Cannon. “This is the first technology we ever came up with and it

was used to keep us alive.” Cannon has turned his passion into a thriving business, selling stone knives, arrowheads and spear tips. His knives and his knowledge of the craft have earned him many awards during his career. “When I began flintknapping I wanted to become the very best I could be at it,” Cannon said. “The longer I’ve done it, the better I’ve become. The process is tedious, but the results are gorgeous and often stir all kinds of emotions.” Cannon has created knives for one of the largest knife companies in the world, worked with PBS and he even helped create a permanent flint knapping exhibit at the Smithsonian’s National Museum for the American Indian. His most recent achievement is being a featured artist in Native Peoples Magazine. As an artistic consultant for the



Knife created by Dale Cannon

Smithsonian Institute, Cannon helped set up the stone-point tool collection. Some of his original work is part of the exhibit as an example of modern-day flint knapping. As part of the display, a video of Cannon explains modern and ancient techniques of how



Arrowheads created by Dale Cannon

flint knapping is done. Cannon has been called upon to teach flint knapping, consult on art projects and by others in the business for guidance and inspiration. He has helped to shape the way that stone knives are created and marketed. His influence can be seen throughout the flintknapping community.

“Don’t let anyone tell you that your ideas won’t work. There are no rules in art so take advantage of it,” said Cannon. “Do what your mind imagines, if you think of something that hasn’t been done before, do it, and if you excel at it, it will take you light years.” Flint is a hard stone used to make tools and weapons for hundreds of thousands years. Knapping is flaking off bits of the rock or stone by striking it with a tool to create the desired shape. The knapping or chipping creates unique ripples in the stone called flake scars. A variety

of materials can be used for knapping -- jasper, agate, flint, opal and obsidian. Cannon’s knife blades are



Knife created by Dale Cannon

knapped and the handles are ground and polished. The handles are usually made of marbles, calcite, wood or bone. His products can be purchased by visiting www.modernstoneageart.com or www.flintknappers.com/dalecannon.



"The Native American Speaks" on KGFF-AM (1450) or KOKC-AM (1520) or www.Potawatomi.org

Enterprises

The Ball Fields at FireLake hit a home run with sports teams and fans

The Ball Fields at FireLake opened in March 2012 and have exceeded expectations of teams, guests and even management. FireLake hosted more than 20 events during the 2012 baseball and softball season. Those events ranged from t-ball tournaments to high school tournaments. For 2013, they already have more than 30 events scheduled, including college events and the USSA World Series. They also plan to host the adult and

youth softball tournaments for the Jim Thorpe Games this summer. “We are constantly striving to get the biggest and best tournaments here at the FireLake Ball Fields,” said Jason O’Connor, FireLake Ball Fields. “These events are tremendous for the community because they draw in hundreds of guests from other cities and states, providing an economic boost for Shawnee.” The Jim Thorpe games have taken place in Oklahoma

City in the past and have had participation from more than 1700 athletes from 70 tribes. “This event showcases the athletic talents of Native American Athletes,” said Annetta Abbott, executive director, Jim Thorpe Native American Games. “It is important to the success of the Games that we provide first class facilities where these athletes can compete.” There are plans to add four high school baseball fields and four soccer and lacrosse fields. Currently FireLake has six softball fields. “We provide a great place to play softball and enjoy a clean and safe place to bring the family and watch softball games,” said O’Connor. “The fields have quickly become popular with all of the teams because of how nice our complex and fields are, and all the activities the kids and parents can do on the grounds in between their scheduled games.” The Ball Fields at FireLake are in walking distance to the Firelake Bowling Center, Subway, San Remo’s Pizzeria, Firelake Grocery and FireLake Casino. “The local hotels were overwhelmed with all of the teams and guests that needed a



More than 30 events are scheduled at the ball fields for 2013

place to stay last spring and summer when they played in our tournaments,” said O’Connor. “Not only does the tribe benefit from all of the people that come to watch our softball tournaments, but all the communities around us benefit as well.” Teams interested in playing at

FireLake Ball Fields should contact Jason O’Connor at 405-659-8828 or by email at jason.oconnor@potawatomi.org.



Softball field at The Ball Fields at FireLake

Citizen Potawatomi Nation is working on several construction projects to be complete this year.

FireLake Golf Course—The road for the golf course clubhouse is complete and construction has begun on the clubhouse. The clubhouse is expected to be complete this summer.



FireLake Golf Course clubhouse

Women, Infant and Children services building—A new WIC building was completed in December. The building was funded by a \$554,880 grant through the United States Department of Agriculture Food and Nutrition Service.



The new WIC building will be complete by the end of 2012

Grand Casino Hotel & Resort—A new hotel will have 262 rooms, a spa and dining space. Construction is expected to be complete this summer and crews are currently working on framing the rooms and installing bathroom fixtures. Construction crews have started working on the steel structure for the new event center.



In the foreground of this photo you can see the rapid progress on the new 2,500+ seat events center located on the northwest side of the property. The background shows the final stages of the Grand Hotel’s exterior wrapping up while carpenters and contractors build the interior.



Grand Casino Hotel & Resort

CPN Legislator to Chair General Government Committee

Incoming Speaker of the House T.W. Shannon appointed state Rep. Paul Wesselhoft to serve as chair of the House General Government Committee. Wesselhoft served as chair of the House Veterans & Military Affairs Committee during the 2012 legislative session. “I wish to thank Speaker-elect T.W. Shannon for asking me to serve as the House General Government Committee chairman,” said Wesselhoft. “This is a very important committee, and I appreciate his confidence in my leadership on the committee. This past session, the

committee had 44 House bills and 19 Senate bills assigned to it. I am going to be busy, and I am looking forward to the challenge.” State Rep. Terry O’Donnell, R-Catoosa, a freshman legislator, will serve as vice chair of the committee. “I am looking forward to working closely with one of our newest members,” said Wesselhoft. “O’Donnell will take the reins in cases where I cannot be present. He brings fresh eyes to the process and that is always appreciated.”

Entertainment Destination: The Grand

Oklahoma has a rich music history and has become home to many influential musicians spanning a variety of genres. The Grand Hotel & Resort is writing its own chapter in that history, entertaining hundreds of thousands of fans right in the heart of Oklahoma.



The stage is set for entertainment at The Grand

Opening in Oct. 2006, the entertainment venue at The Grand has seen a diverse group of award-winning musicians and comedians. Among the most popular shows were Gretchen Wilson, Merle Haggard, Wayne Newton, Ron White and Larry the Cable Guy.

The current event center accommodates a little more than 1,000 guests, and with one successful show after another, management decided it was time to expand. A new event center, slated to open mid-2013, will accommodate about 2,500 guests and allow for even more high quality entertainment.

and bring in even better entertainment.”

The current event center has hosted performances by Grammy Award winning artists, legends of the Las Vegas entertainment scene and several comedians. The success of the events has been phenomenal, with each event nearly selling out.



Foreigner performs at The Grand. A new event center will open in 2013.

“We have become a top entertainment destination and concerts and events are in high demand in this area,” said Brad Peltier, director of marketing and public relations for Grand Hotel & Resort. “A larger event center will allow us to meet that demand

“We’re excited about the future of entertainment in central Oklahoma,” said Peltier. “We believe that this new entertainment venue and our new hotel will allow us to bring in even higher quality performers and make Shawnee an entertainment destination.”

Oklahoma has always had a rich musical scene, but recent additions of concert venues and the revitalization of downtowns into music hubs has allowed the national music scene to thrive here.

The new entertainment center will have theater style seating, advanced audio and video equipment and a green room for artist.

Vice Chairman Capps named Person of the Year

The Tecumseh Chamber of Commerce has honored Vice Chairman Linda Capps as Person of the Year for 2012.

“The Citizen of the Year Award is awarded to one individual who has been out there day after day, week after week, promoting Tecumseh,” said Aaron O’Rorke, executive director, Tecumseh Chamber of Commerce. “It is through their efforts and support that Tecumseh is a wonderful place to live and work. Mrs. Capps was nominated by ballot and then voted on by our general membership.”

Prior to leaving the Tecumseh School system, Capps was the Indian Education Director and a high school business teacher. Capps left the school in 1984 to continue her education career at Gordon Cooper Technology Center. She remained at GCTC until she came to the Citizen Potawatomi Nation on a permanent basis in 1999. She has been an elected official since 1987; and the Vice Chairman since 1990.

“The Tecumseh community is very important to the Citizen Potawatomi Nation. The Nation

works well with the leaders of the community, the school officials, and with the governmental representatives of the City,” said Vice Chairman Capps. “I value the friendships that our Nation has with the people of Tecumseh.”

Nominations were made and winners selected by vote of chamber members. Other winners of this year’s awards were:

- Business of the Year —Watkins Heating & Air Conditioning.
- Small Business of the Year — Heads to Tails Grooming.
- New Construction of the Year — T&R Design.
- Business Renovation of the Year — Giori’s Italian Restaurant.
- Chamber Volunteer of the Year — Kacy Kinsey.
- Friendliest Employee of the Year —Dorthy “Dot” Wayt, Love’s Country Store.



The Potawatomi Learning and Cultural Exchange program will begin 2013 in a new building

A new building and program will provide a safe environment for youth after regular school hours, during various school breaks and during the summer months. Youth can participate in additional educational activities and opportunities available to youth between the ages of 10 and 18.

“A program such as the P.L.A.C.E. is important to our community because youth always benefit from multiple supportive and positive influences in their life, regardless of whether that may be a parent, another adult, or peers,” said BJ Trousdale, program coordinator, FireLodge Tribal Youth Program. “Our program seeks to provide an alternative to being a “latch-key” youth while their parents are away from the home for various reasons.”

The new building will allow the P.L.A.C.E. to serve up to 100 youth per day. The afterschool program will begin when spring classes resume in January.

Studies indicate that nearly 8.4 million K-12 children participate in afterschool programs, but an additional 18.5 million would if a quality program was accessible and 58% of Native American consumers say they would enroll their children in afterschool programs if they were accessible.

“This facility is a space specifically designed

and implemented with young people in mind and with their input,” added Trousdale. “It’s also a tool to help prepare our youth to be good students and good citizens in their local and tribal communities.”

The P.L.A.C.E. program has several goals:

- To increase the number of Native American youth who graduate high school or obtain a GED and who learn to value an education and lead a productive life using the knowledge they’ve gained.
- To prevent Native American youth from using or experimenting with alcohol and illegal substances and to also intervene and decrease the number of Native American youth who use or abuse alcohol and illegal substances.
- To decrease the number of Native American youth who are referred for engaging in juvenile offenses and/or delinquency.
- To decrease the number of Native American youth who are experiencing suicidal behaviors such as self-harm, suicide ideation, and completed suicides.
- Increase the number of adults trained to serve as ASIST gatekeepers and the number of youth to serve as suicide prevention gatekeepers.
- To encourage each youth's optimal growth



FireLodge Youth Program will office and conduct after school programs in a new building beginning in 2013.

and development physically, mentally, and socially while fostering a positive self-image and a sense of independence.

- To provide encouragement in development of leadership and cooperation among youth, adults, and elders.
- To provide opportunities for youth to develop healthy peer relations and learn how to properly manage conflicts.
- To provide a positive approach to discipline encouraging self-control and independence.
- To assist youth in learning about their heritage and the importance of their culture in their daily lives.
- To provide the highest standards of nutrition, cleanliness and safety and boost physical fitness in that environment.

CPN and its employees contribute \$60,000 to United Way

The United Way of Pottawatomie County will be able to continue funding for approximately 20 partner agencies in and around Pottawatomie County thanks to the generosity of Citizen Potawatomi Nation and its employees.

The United Way of Pottawatomie County received \$55,000 in employee contributions and \$5,000 from the tribe in 2012.

“CPN is a wonderful partner to the United Way,” said Audrey Seeliger, director, United Way of Pottawatomie County. “These contributions assist the community in numerous ways, leading to more educated, happier and healthier lives for children and families.”

Citizen Potawatomi Nation has made

annual contributions to the United Way of Potawatomie County totaling more than \$500,000 in the past decade.

“The United Way does wonderful work for the children and families in our community,” said Linda Capps, Vice Chairman, Citizen Potawatomi Nation. “We’re happy to be able to continue to contribute during a time when non-profits are seeing an increased need for funding so that they can serve our communities.”

The United Way of Pottawatomie County works to improve lives by mobilizing the caring power of the surrounding community to build a stronger America and improving people’s lives.



Vice Chairman Linda Capps and Audrey Seeliger of United Way of Pottawatomie County

Financial Reporting continued from page 1

Submissions are judged by an impartial panel to meet the high standards of the program including demonstrating a constructive spirit of full disclosure to clearly communicate financial story for CPN.

TheGFOAestablishedtheCertificate of Achievement for Excellence in Financial Reporting Program in 1945 to recognize individual governments for their achievements in financial reporting.

Winter Story continued from page 4

What he told the rabbit, that’s what they did.

Ode ga-bye-widmewat ni wabozoyen, win ibe gi-nshkweshen.

This one that came and told the rabbit, it was him laying there at the end.

Iw je I ga-nakwneget e-wi-debmat pi bwamshe gwabtonet.

The one that planned it would grab hime before he reached land.

win ibe shkweyak gi-nshkweshen I ga-nakwnegot gaganago.

The crocodile that planned it lay at the end, there last in last place.

O,[nme pa zho] megwa e-gche-bmebtot bama zhe gete... [o] bikwa zhe na wangoyane

Wiye gego e-wabdek.

Oh, as he was dashing across, he soon saw something that looked just like a hole in the water.

Wi je wi ye o gaganago e-mskodoneshek e-wigwmat ni wabozo yen e-gi-nakwneget.

But it was crocodile lying there with his red mouth open, planning to suck down the rabbit.

Wzam je zhe gi-byeji...I mteno iw wzowanek e-gi debdemwat.

But he was too slow, and only got his tail.

O,neko wabozo e-gi-gnewanwat I yedek.

Oh, it must be rabbit used to have a long tail.

e-gi-debdemwat iw wzowanek gi-gishkdemwat.

He caught his tail and spared a little bit. ma ne bgeji megwa iw wzewangos.

He still has just a little tail. Gishkodemwat.

He spared him that. Iw je iw [x] yedek wech-ngom-shkwanwat o wabozo, gi kedwil neko gi...

gekyajek neko e-gi-wnanodogwa e-yangajmowat.

That’s why rabbit has a short tail today, the elders used to say, when I heard them telling funny stories.

[egwen wdena zhe mwa] zhe na neko e-gi-yajmewat, wawik zhe na gego yajdemwat.

Used to be they would tlak about him[rabbit], and tell all kinds of things.

Iwsezhe na dso [ga-n... ga-nodemgo...] ga-nodogwa.

So that was how much I used to hear them.

Iw je o wabozo neko e-wi-wabmek megwa e-penowejyan.

And when I was still a child, when I used to see the rabbit.

Iw zhe neko I [e-gw] e-gwdenmewek iw wzewangos.

I used to feel his little tail. O, gete zhe na ode gi-gishkjegadek iw wzewangos, neko ngi zhde’a.

Oh, that little tail was really bitten off. I used to think.

Nmet se na yedek wi na!

I don’t know about that!

Iw ekozet ode wabozo yajmowas.

So that’s how long this little rabbit tale is.

Citizen Potawatomi Nation, Bureau of Indian Affairs complete controlled burn of cedar trees

The Citizen Potawatomi Nation and the Bureau of Indian Affairs worked with local fire departments to complete a controlled burn of more than 55 acres of red cedar trees in Tecumseh.

The Natural Resources

department of the BIA spent one year running a cedar eradication program and cutting and piling cedars, to reduce the risk of wildfires.

“Wildfires are out of control in Oklahoma,” said Josh Anderson, fuels specialist, BIA. “Last summer we lost

more than 600 homes in Oklahoma due to wildfires.”

Red cedars have taken over several areas of the state, which used to be tall-grass prairie. The trees are hearty and can grow without many nutrients or much water.

“These trees have taken over because of lack of land management,” added Anderson. “It’s created a landscape which isn’t natural in Oklahoma and can become very dangerous.”

Red cedar is especially flammable because of the structure of the tree. Flammable leaves which reach the ground and an unusually oily structure make them the perfect fuel for wildfires.

“Safety is the top priority,” said



More than 50 acres of cedar trees were cleared and burned



Josh Williams of the BIA (fuels Specialist) on the left and CPN member David Bourbonnais, who works in Realty Services, on the right.

Anderson. “We’ve become very good at suppressing fires, but that allows these cedars to grow and from an ecological standpoint it sets us back.”

Anderson estimates that there were 20-100 red cedars per acre. Nearly one year of

planning, including finding funding, public outreach and government approvals was required to complete the burn.

Citizen Potawatomi Nation provided holiday meals

Families in Pottawatomie County had more food on their plates this Thanksgiving thanks to Citizen Potawatomi Nation enterprises and employees. Tribal employees were able to collect enough food to provide meals for nearly 130 local families.

“We have been helping local families with holiday meals for almost ten years now,” said Scott Hutchinson, employment and social services counselor, Citizen Potawatomi Nation. “Each year the need grows, so we’re thankful that CPN employees and enterprises are so generous.”

Grand Casino Hotel & Resort and Firelake Entertainment Center each contributed \$750, CPN clinic contributed \$1000 and Firelake Discount Foods donated the turkeys and hams for the meals. Citizen Potawatomi Nation employees collected the canned food, potatoes, fresh vegetables and other items for the meals.

Employees will also be collecting food items for the Christmas holiday.

Families were identified on a referral basis to receive one of the meals



CPN employee Scott Hutchinson organizes holiday food boxes for local families

CPN Grants continued from page 1

highest risk of having health problems when ground-level ozone levels are unhealthy are older adults, children, and those who are active and work outdoors.

CPN is the only tribe to have an EPA-approved Environmental Cooperative Agreement with the state of Oklahoma. According to federal law, a tribe in Oklahoma seeking delegation of a federal environmental regulatory program administered by EPA is first required to enter into a Cooperative Agreement with the state. This landmark agreement was approved by the EPA in January 2011. Through the cooperative agreement, CPN works with state environmental agencies such as the Oklahoma Water Resources Board and Oklahoma Department of

Environmental Quality in jointly administering their environmental programs.

CPN is one of three tribes in Oklahoma with floodplain management programs under the National Flood Insurance Program through the Federal Emergency Management Agency. CPN’s floodplain management program is overseen by the environmental department. The main goal is to protect lives and property through effective floodplain management.

CPN partners with the U.S. Geological Survey through a cooperative agreement to operate and maintain a river gaging station on the North Canadian River. Real-time data is collected from the station, providing valuable information regarding the quantity of water flowing down the North Canadian River. The

North Canadian River serves as the northern boundary of the tribe’s jurisdiction.

CPN environmental staff also works with the FireLake Convenience Store and Travel Plaza to conduct monthly onsite inspections of the underground and aboveground fuel storage tanks and dispensing systems. These inspections are necessary to ensure that all equipment is working properly and there are no fuel leaks.

For the last two consecutive years, the tribe has been commended by EPA for having no deficiencies or findings during the EPA’s annual compliance inspections. This award was given to only two tribes out of 66 in EPA’s Region 6. In addition, CPN recently received EPA’s UST [Underground Storage Tank] Excellence Award, recognizing

Important Phone Numbers

Please take a moment to save this list of frequently requested and important phone numbers for your records.

Services

Employment and Training---405-598-0797

Community Development Corporation---405-878-4697

Clinic---405-273-5236

West Clinic---405-964-5770

Housing Authority---405-273-2833

Mail Order Pharmacy---1-866-900-5236

Realty---405-395-0113

Tag Office---405-878-4831

Tribal Rolls---405-878-5835

Enterprises

Firelake Bowling---405-275-0404

Firelake Designs---405-878-87708 or 1-877-247-2745

Firelake Discount Foods---405-878-4850

Firelake Entertainment Center---405-273-2242

Firelake Golf---405-275-4471

First National Bank---405-275-8830

Gift Shop---405-275-3119

Cultural Heritage Center---405-878-5830

Pendleton Beach Towels

This year’s big seller at

FIRELAKE
GIFT SHOP

Plus, New
Items just
in...

Located inside
CPN Cultural
Heritage Center,
Shawnee
405.275.3119

the Tribe for its “noteworthy contribution beyond the call of duty to the R6 Tribal Environmental Program.”

HowNiKan

The *HowNiKan* is published by the Citizen Potawatomi Nation with offices at 1601 S. Gordon Cooper Drive, Shawnee, Oklahoma. The *HowNiKan* is mailed free to enrolled tribal members. Subscriptions to non-members are available for \$10 annually in the United States and \$12 for foreign countries. The *HowNiKan* is a member of the Native American Journalists Association. Reprint permission is granted with publication credit to the *HowNiKan*. Editorials and letters are subject to editing and must contain traceable address. Final selection of material for publication is subject to approval by the Business Committee. All correspondence should be directed to

HowNiKan, 1601 S. Gordon Cooper Drive, Shawnee, OK 74801. Address changes should be sent to:
Citizen Potawatomi Tribal Rolls, 1899 S Gordon Cooper Drive, Shawnee, OK 74801.

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Vice Chairman - Linda Capps
Sec./Treasurer - D. Wayne Trousedale
Editor - Jennifer Hardesty
Toll Free Number: 800-880-9880

District 1 - Roy Slavin



Bozho Nikan,
I am writing this article Monday after Thanksgiving Day and reminding myself how many miles I am going to have to walk to rid myself of the calories I consumed in that one meal. As a type 2 diabetic I am well aware of the importance of diet and exercise. I have used this article in the past to write about diabetes, but it is such an important subject I don't think it can be overworked.
Years ago, Native Americans did not have diabetes. Elders can recall when people hunted and gathered food for simple meals and people walked a lot. Now in some Native American communities one in two adults have diabetes. The conclusion in another study reads- At present, CHD (coronary heart disease) in American Indians exceed rates in other U.S. populations and may more often be fatal. Unlike other ethnic groups, American Indians appear to have an increasing incidence of CHD, possibly related to the high incidence of diabetes. This is all very scary, but if you are diabetic or at risk please know you are not alone. IHS (Indian health services) has an excellent diabetic program. Learn more about this at their web site www.ihh.gov/medical/programs/diabetes. Or if you have trouble with that try www.ihs.gov and then in their search window in the upper right corner type in diabetes or any other health issues you might want information about.
One of the risk factors for diabetes is obesity. 78 million adults, more than a third of the U.S. population is obese, so this is not just a Native American problem. You do not need a Doctor to measure this risk factor. Individuals who are obese have a BMI (body

mass index) of 30 or more. Body mass index is an indirect measure of body fatness. To calculate your BMI multiply your weight in pounds by 703, then divides that by your height Squared (inches squared) EXAMPLE I am 5'8" tall and weigh 175lbs. $175 \times 703 = 123,025$. $5'8" \text{ squared} = 68 \times 68 = 4624$. $123,025 \text{ divided by } 4624 = \text{a BMI of } 26.6$.
Ranges for BMI are- underweight is defined as a BMI of 18.5, Normal is defined as 15.5 to 24, overweight is defined as 25 to 29.9, and Obese is equal to or greater than 30. As you can see my BMI 26.6 is overweight. I am working on this and hope to have it corrected by the first of the year. I will report to you in my February article if I am successful and at that time I hope to hear many success stories from the readers of this article, especially from my district 1 members and I promise I will publish those success stories in my next article. Now for the disclaimer and a readymade excuse for the guys. The BMI calculator does not work for heavily muscled athletes and muscle weighs more than fat.
I would like to take this time to thank you for the honor and privilege of serving as your legislator and remind you that CPN'S 2013 election will be on Saturday June 29. I will again need your support and vote to continue as your representative. Ballot request period begins March 1, 2013 and ends June 29, 2013.
I will end this article as always with a plea for your contact information, if you do not get e-mail or regular mail from me it is because I do not have your contact information and due to privacy issues the Nation cannot provide me with that information.
Thank You
Netagtege (Roy)

District 2 - Eva Marie Carney



Bozho/Hello:

As I write this we are awaiting the arrival of dinner guests and Potawatomi Peggy Fontenot and Jack Johnson, who will be joining us after a weekend selling and teaching market-goers about Peggy's lovely beadwork and moving photographs at the Smithsonian Native American Museum's Art Market. We worked out a spur of the moment plan to have them join Alan & me for Sunday supper after seeing them at the Museum on Saturday (photo below). One of my absolute favorite things about being your Legislator and living in the D.C. area is that I am motivated even more than before to get out and about at events like the Art Market to meet other Potawatomi from around the country who are travelling through town.

Peggy and Jack live in Southern California and I first met them in Santa Fe this summer, after scouring the Santa Fe Indian Art Market program for anyone who identified as Potawatomi and deciding I'd set out and meet them all. Jack turns out to be a Vieux and we found a number of connections. A couple months back we got to host another Potawatomi, Stacy Braiuca, during her visit to Washington, D.C. for a health conference. If you plan to be in this area, maybe we can make a plan to visit with each other.

The focus of this column is an update regarding the jurisdiction of your Government. Did you know that as an enrolled Citizen Potawatomi you consented and are subject to the Nation's civil and criminal court jurisdiction? The CPN Legislature, at our most recent quarterly meeting, amended our Criminal Code to permit the CPN Prosecutor to assert in criminal matters that a particular crime should be considered by our Tribal Court for enhanced sentencing. Before we revised the Code, the limit of the Court's criminal jurisdiction was to sentence a convicted tribal member to a year in jail and/or a \$5,000 fine (i.e., misdemeanor-level authority only). That is because federal laws limited the authority of Indian tribes to punish Indian offenders to no more than one-year imprisonment, and forced reservation residents to rely on Federal (and in some cases State) officials to investigate and prosecute violent crimes on Indian lands. Despite this, the history of Federal prosecution has been abysmal: over a recent five year period, federal officials declined to prosecute 50% of alleged violent crimes in Indian country, including 75% of alleged sex crimes against women and children. With the amendment, the CPN Tribal Court is authorized to impose a three-year jail term and a \$15,000 fine for each proven criminal charge, but only if the Tribal Prosecutor proposes in open court the enhanced sentencing for the particular charges, and the defendant charged is given a public defender, paid for by the Nation.

This legislative amendment was the result of new authority given to Tribal Nations by the U.S. Congress in the Tribal Law and Order Act of 2010. The Act strengthened tribal law enforcement and the ability to prosecute and fight crime more effectively and we thought it wise to take advantage of that authority in order to make our Nation's people, especially our vulnerable children, safer. If you are interested in pursuing the threads of this, the Act is at www.narf.org/nill/resources/tribal_law_andorder_act.pdf. You can also view the Legislative meeting and the ordinances (including the Criminal Code Amendment ordinance) posted to the potawatomi.org

site (click on Government, then Legislature, then click on "access video archives").

In addition, if you want to read a very compelling fictional account of the limits of tribal legal jurisdiction, I highly recommend acclaimed Ojibwe author Louise Erdrich's novel, THE ROUND HOUSE. I read it over the Thanksgiving holiday and found it remarkable. It is a National Book Award Finalist book so I believe it should be in most of our public libraries. If you read it please send along to me your thoughts on the book.

I would be pleased to discuss the Legislature's business with you or other aspects of my work on CPN matters. Please give me a call or send an email or mailed note and I will follow up.

Please send your contact details if I do not already have them. I send periodic emails and am happy to include you on my mailing list. Thank you for allowing me to serve you.

Igwien/With heartfelt thanks,
Eva Marie Carney/Ojindiskwe
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Peggy Fontenot of Santa Monica, CA, exhibitor at the Smithsonian National Museum of the American Indian's Art Market, poses with her photographs and fellow Citizen Potawatomi (left to right) Paulette Wamego, Jack Johnson and Rep. Eva Marie Carney.



Pokagon Potawatomi Jennie Brown from Shelbyville, MI, with her baskets, including the gorgeous strawberry basket behind her in the photo, which was featured on the cover of the December edition of the Museum's magazine.



Barbara Ann Elsten/Pahponee of Elizabeth, Colorado, a Prairie Band Potawatomi, brought her uniquely beautiful pottery to the Indian Market again this year.

District 3 - Robert Whistler



Bozho Nikan (Hello friend):

Here we are at the beginning of another year, and it is the start of the six month period that those of you with future and current college bound children need to start thinking about scholarships. Actually, the plan for college and desire to attend needs to start much earlier. By the time your son or daughter is in the fifth grade, they need to have a desire to attend college.

How do you create desire? Well, at one point in my past, I found that a photo of your most desirable item can be put on the bathroom mirror or on your refrigerator. It might be the picture of a nice boat, car, house, or taking an exotic vacation. You see it each time you look in the mirror or go past the

refrigerator and it reminds you over and over of your goal. For children, I suggest you give them choices. For example a photo of a single ice cream cone and next to it a picture of a banana split. Then ask do you want this or this? As they get older you move on to things that are more important to them. Ultimately, you will get to the point where you can say, look to have all those things you need to go to college.

They have no real idea of those costs, but currently it will cost entering students this fall \$11,900 for the first year if they go to an out of state school. It will be \$7,605 if they are going to school in state, while private schools charge \$27,293. At Harvard you would pay around \$40,000 per year. Bates College in Lewiston, Maine is the most expensive private school at \$51,300. In Pasadena, California the Art Center of Design would cost \$39,672. This information came from "The Franklin Prosperity Report" in 2012.

These costs do not take into account fees for books, supplies, room and board, meals, and transportation. Take a look at www.collegecost.ed.gov for more information on this. Over the last twenty years the cost for college has been rising at 7.7 percent each year. A significant rate and well above our current rate of regular inflation.

So, it is time to start looking for money and scholarships are out there, that will take care of some of the money issue. This is a family project! The student and the parents must both be involved. Parents need to complete the FAFSA by January 1 of the student's senior year of high school and possibly each year. The FAFSA and scholarship process is free, so don't think you need to pay someone to help you through the process. Ironically, the wife of one of your fellow CPN constituents here in district 3 advised me at the last area meeting we held, that she is very familiar with the process and has offered to assist any of you needing a hand with this process. If you need help, give me a call and I will put you in touch.

For the last two years, I have seen two of our CPN members each receive one of the two scholarships offered by the American Indian Chamber of Commerce of Texas. Each of these two students had learned how to really go after those funds. There were a number of Texas students from various tribes who applied. But many submitted applications that were either incomplete or they didn't realize that each item listed as part of the application was important, and they omitted one or more things and thereby failed to be competitive.

Cara Cowen Watts, a Legislator for the Cherokee Nation advises her youth on the steps needed when applying for scholarships. Basically it answers the following:

What do they want on the application? Give them what they want and then add something extra!

Here is the detail on what she just said. Read the application carefully. Give yourself plenty of time to be sure it is complete. Watch the deadlines and mark them on a calendar if necessary to ensure they are not missed. Don't be too modest. Tell them and show them that you need the scholarship. Get references. Why you are special and what have you done that is out of the ordinary? For example, did you make your own regalia or have you been learning our language? You have something that is unique to yourself and that needs to be included.

Over the last few weeks, I have seen several newscasts where companies were saying they had good paying jobs, but couldn't find qualified applicants. The problem is lack of education. Currently more than 70% of most jobs being offered at entry level requires at least a two year degree. So we know that we need to be getting our youth motivated to get an education and a scholarship will help offset some of the expense.

Next issue, I'll give you some sites to go to for more information that will help. One that you can use right now for free scholarship searches is www.scholarships.com.

In closing, I want to thank all of you for allowing me to serve as your representative. I am honored and proud to represent district 3. I still need to have a way to contact many of you, because I don't have your email address. Things do arise between HowNiKan issues and by the time the next issue would be out, the information will be too late. So if you don't get email from me from time to time, send me your address and I will keep you up to date on what is going on in our district and with Texas Native American happenings.

Bama mine (later), Bob Whistler/Bmashi Citizen Potawatomi Nation	Bedford, TX 76022 817-282-0868 Office 817-545-1507 Home 817-229-6271 Cell RWhistler@Potawatomi.org CPN3Legislator@Yahoo.com
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District 4 - Theresa Adame



Bozho

It is always a pleasure to meet Oklahoma CPN staff members when they visit Kansas. It was extra special when the visit included a Thanksgiving Feast. Tami Fleeman, director of the Senior Care Network and staff members from Oklahoma, Tina Fergason and Ida Tuttle helped staff members Chris Simone and Jennifer Hudson from Kansas coordinate dinner for more than 50 CPN elders and guest. I was concerned at first when they said this was their first attempt to roast a turkey. But, I was pleasantly surprised to find these women not only had the talent to meet the medical needs of our elders but also their culinary needs.

The day started with my introductions of our CPN staff followed by a Native American prayer. We enjoyed a dinner of turkey, ham and all the great potluck food cooked by our tribal attendees.

District 5 - Gene Lambert



November 29, 2012

Happy Holidays to all for 2012

Another year has passed and I cannot believe it!! I always say that and it becomes more true each year. It is all about life and how we lived it for the past year and what we are planning for next year isn't it.

What about the New Year's resolutions. All the things you are going to do differently in 2013.

What will make it different this year? You will and you can.

Today as we watch all the world changes, not only in the Native Lands' but the world as a whole. We see some that are exciting challenges and definitely a better way of life.

However, (you knew I was going there didn't you.) there are some changes that create loss, disruption and sadness of the heart.

RESPECT is the word I am concerned with.

We respect those that achieve, those who meet the challenges of every day life.

The police officers who stops you because of a violation demands respect. You will pay dearly if you forget.

Your employer is to be respected (or at least their title) because they hired you to do a job and you are paid to do so.

You may not like the person or their style but you must respect the position. They hold the [power in their hands to allow you to "be successful elsewhere" if you do not remember the pecking order.

What about the respect due to our elders who used to be held in such high esteem. Why?

Because they have many years of experience and wisdom that only life can teach you.

I was talking to a Human Resource person recently and he said we need the young and the mature working together, Gene. That gives us the roots and the wings we need you hear about.

We will gather together again for our Christmas party and I hope to see many of you there.

If you are not on the list to get the Senior Network calendar and would like to be call 785-584-6171. To be added to my e-mail list contact me a Tadame@potawatomi.org.

Theresa Adame

CPN Legislator 4 Kansas



We need the stability, experience, and wisdom from our elders and the creativity, the new energy and thought for new exciting adventures from our young to be successful. That sounded intelligent to me. Know that with that statement I am coming from the elders' position.

We see too often now that elders are pushed out of position after a certain age to bring in younger executives. This may all be true in the business world but we cannot allow that to happen within our family structure.

One man in his early 30's told me that he didn't teach his 10 (ten) year old son to respect someone simply because they were older.

I was shocked to say the least. My comment back was, "So you are going to allow a 10 (ten) year old boy to make that decision?" You are "old to him".

He didn't answer back in words, but you could see by the look on his face that he suddenly realized what he had said and by the way, moreover, what he was teaching his son.

I was so fortunate to sit and visit with my Great Grandmother, my Grandmother, mother, myself, my children, their children and shutter to say, their children are now having children.

The story is the same in each generation. The stories, difficulties, personalities, issues have not changed. Only the names have changed to protect the guilty. (lol)

If you cannot learn from and respect your history, you can never create a better future within your own loved ones..... never mind a Nation.

That is what our gathering is all about. It is for those who have walked before. For those who walk now, and for those who will walk in the future.

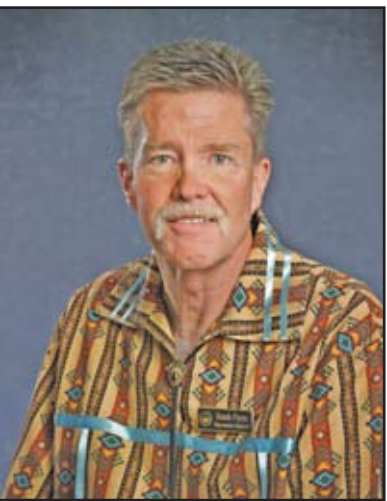
It is all about who you are, where you come from, and where you are going.

RESPECT of others who must walk the same walk and we are all headed in the same direction like it or not is what it is about.

We all want the same things. We would like to have peace, health, and wealth, to whatever degree that means to you.

Let's take this next year and recognize the similarities in others and learn to accept our differences with respect.

District 6 - Rande Payne



Bozho Nikan,

Well another year is in the record books and what a year it was. To leave a secure job (if there is such a thing) with great pay and benefits to go into the restaurant business with my wife has been one of the most challenging ventures of my life. Some would probably say I was nuts to become a small business owner in today's economic climate and they might be right. Time will tell.... But I've found a lot of gratification in overcoming the obstacles and challenges that go along with anything worthwhile. It is also very satisfying to be able to work with my wife and two daughters in the business. While it doesn't do much to pay the bills, it does give me great joy to be around my children and grand-children every day.

As challenging as it is with the business, nothing in 2012 compared with almost losing our son. Ryan suffered a severe head trauma in February that left him on life support in critical condition for almost a month. With only a 50% chance of survival and nearly a 100% chance of permanent brain damage we were brought to our knees and vividly reminded of how precious our children are. It seemed like an eternity that we walked in fear of losing him, but God had other plans. For nearly six months only scalp covered the right side of his brain. A section of his skull had to be removed to allow swelling in the doctor's ongoing effort to minimize brain damage. Miraculously, Ryan went back to work in November and other than the huge scar that 86 staples left Ryan is back to normal. The doctors said that Ryan would not have survived this type of injury ten years ago. Modern medicine is truly amazing. God's grace is immeasurable!

The 2012 Family Reunion Festival provided a great opportunity to recharge. This was definitely one of the highlights of the year for me. It was very exciting to see all of the progress taking place on a large number of forward thinking projects. Most exciting for me was the dedication of the eagle aviary. Our entire nation can be very proud of this great accomplishment. As always, most impressive to me every time I visit Tribal Headquarters is the Potawatomi spirit. I feel deeply honored and privileged to be part of this family we call Citizen Potawatomi Nation. The rich heritage we share as members of the tribe can be quite overwhelming at times. I don't consider myself a people person but when I get around my Potawatomi family I just can't get enough! I'm quite sure the 2013 Family Reunion Festival will be nothing short of amazing as always!

The 2012 elections have been decided and it's time for our country to move forward. Whether your candidates won or lost probably won't make much difference in the near term. Whether happy or disappointed with the results I think most American's can agree that our politicians have a lot of work to do in tackling the issues of our day. I think they would have a much better chance of achieving greatness if they would quit finger pointing and blaming "the other side" for all of our problems. In my lifetime, I've never seen our country as divided as it is today. I believe that we, the American people are partly responsible and partly victim of this division. It seems that we just don't have a willingness anymore to sacrifice what we think might be best for us as individuals for the betterment of the greater good. The environment is so volatile that many people have totally disengaged from politics altogether. Can you blame them? I think our media is partly responsible for the division in our country as well. It seems they are more interested in selling their opinion of what's wrong and who's to blame instead of

remaining neutral and objectively providing Americans with reliable information. True journalism in our country may be a thing of the past. But even with the challenges we face I'm still proud to be an American. I pray that our leaders will strive to restore unity so that together we can find real solutions to the problems holding us back.

Our country would be well served if our elected officials were to emulate the leadership of the Citizen Potawatomi Nation. I consider it an honor to serve with my fellow legislators and our executive leadership. I have learned more than I ever could have imagined during the short time I have been in office. When you are part of something special you know it. When you see gifted and talented people you know that as well. And you generally don't have to be around someone very long to get a pretty clear picture of their character.

Our Nation has four districts with elections for their Legislator in 2013 as well as the election for Tribal Chairman. I was very pleased at our Legislative session in November when District 1 Representative Roy Slavin, District 2 Representative Eva Marie Carney, District 3 Representative Bob Whistler and District 4 Representative Teresa Adame all announced they would run for re-election. Even though we won't get to vote in those elections I can tell you that each of these four districts are very well represented. The diversity of their backgrounds, education and life experience allow them to uniquely contribute ideas and opinions and solutions to our governmental process. While I may have a differing opinion or offer an alternative solution I know I can always count on each of them to lobby in the best interest of their constituents and our Nation. They all score high marks in integrity because of their humility, professionalism and selfless desire to serve.

I am also very pleased that Chairman Barrett will be seeking re-election. Chairman Barrett has done incredible things for the advancement of our Nation as well as the advancement of Native American's. I have never met a more committed individual in anything. I've seen drive and determination in professional athletes, business men and women, students, moms, dads, you name it, but I've never seen anyone as committed to a cause as Chairman Barrett is to the Citizen Potawatomi Nation. And I have worked in organizations with some really top notch visionaries leading the way so I know what that looks like in a person. Chairman Barrett is among the best I have ever been associated with. But not all visionaries achieve great success. The vision defines the purpose but leadership cultivates achievement. Chairman Barrett is a visionary with the leadership skill set and the drive to make the dream reality. I greatly admire his ability to unite those around him and rally their support for moving our nation forward. A skill noticeably absent among many of our national and state officials. This election is important in countless ways and certainly too important to sit on the sidelines and not vote. If you think you are too "uninformed" to vote, start your research now. Go through your old How Ni Kan's, visit www.potawatomi.org, compare the list of accomplishments and enterprises of the Citizen Potawatomi Nation to those of a tribe near you or contact any of our Legislator's for information. Even if Chairman Barrett runs unopposed I will cast my vote for him because I believe he has earned it. If you believe Chairman Barrett is the right person to lead us for the next 4 years then I strongly urge you to show your support by voting for him.

In my opinion, one of the areas we need to improve as a tribe is our voter participation. The greatest privilege we have as Citizen Potawatomi Nation members is our right to vote. Our voice is our vote. Less than 10% voter turnout isn't very exciting to me but I think it speaks volumes. I think it says we don't care but I know we do care. Maybe we just don't understand how important our vote is.

We never know what the future will bring but we can look forward with excitement

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when we have the joy of the Lord in our heart.


Kicking off 2013 I would like to invite you to my winter warm up luncheon on Sunday February 24th from 10 a.m. to 2 p.m. at the district office in Visalia. The event is purely social and just an excuse to get together and hang out. But I will be soliciting ideas on how to build a sustainable system for cultivating our heritage and traditions here in the district. Please RSVP at the phone number or e-mail address below so I know how much food to prepare. The food will be excellent. The fellowship even better! I know it’s a long way to travel for some but hopefully it works out that you can come. I would love to see you!

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” Philippians 4:8

All the best to you in the New Year!

Migwetch,

Rande K. Payne / Mnedo Gabo
District #6 Legislator
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Citizen Potawatomi Nation District #6

“Winter Warm-up Luncheon”

Sunday, February 24, 2013 – 10:00 a.m. to 2:00 p.m. – Visalia, CA

To kick off 2013, I would like to invite you to my winter warm-up luncheon on Sunday, February 24th, from 10 a.m. to 2 p.m. at the District #6 office in Visalia. This is a social event providing a great opportunity for all of us to get to know our Potawatomi family a little better. But, I will be soliciting ideas on how to build a sustainable system for cultivating our heritage and traditions here in the district.

Please RSVP at the phone number or e-mail address below so I know how much food to prepare. The food will be excellent. The fellowship even better! I know it's a long way to travel for some but hopefully it works out that you can come. I would love to see you!

Rande K. Payne/Mnedo Gabo - District #6 Legislator - Citizen Potawatomi Nation

Location: 732 W. Oak Ave. - Visalia, CA 93291

Phone Number: (559) 635-1039 - Rande.Payne@Potawatomi.org.

District 7 - Mark Johnson



Bozho,

Once again a new year is upon us, it is a great time to reflect on what transpired in the past year, and to hope and dream of the things yet to come in 2013. None of us are exempt from the hardships and trying times that come with life, but I have always used the New Year as a bookmark for a new and exciting chapter yet to be written.

While 2012 had its share of sad times, it was also the source of many great occasions and achievements, the Family Heritage Festival was one of those occasions, where old friendships were renewed and new ones started, having 5000 or so of your relatives in Shawnee

to celebrate our common heritage is always a great time. If you have never been to the Family Festival or to Shawnee, I would encourage you to start planning your trip now, for the last weekend in June. Standing on top of the unfinished 14th floor of The Grand Hotel with Chairman Barrett, it was easy to see just how far the Citizen Potawatomi Nation has come under his leadership. The Tribe went from near collapse, to the Nation that will remain strong for the next hundred generations and beyond. The leadership provided by Chairman Barrett and Vice Chairman Capps has guaranteed that the prayer smoke will continue to rise from our lodges.

Another of the many highlights of 2012, was the inclusion of many more tribal members into the Health Aids benefits which are available to our members in District #7 and across the country, full details are available at the website I have set up for District #7 members.

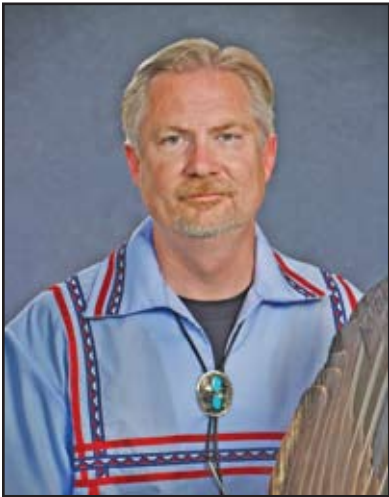
I cannot wait to see all the things that 2013 has in store, but one that I know about is that Saturday March 23rd is the tentative date for the next Tribal Area meeting to be held in

Northern California, possibly in Sacramento. Notices should be out before too long once the arrangements are completed. The tentative date for the Southern California meeting is January 26th; I hope you will be able to attend one of the meetings.

As always, I would like to say what an honor it is to serve you as your District #7 representative. And again, give me a call and I will be happy to work with you on any questions you may have, or provide you with additional information you may need to access tribal benefits that you are entitled to. Please also visit my website for more information at www.markjohnsoncpn.com.

Migwetch,
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Website: www.markjhonsonecpn.com

District 8 - Dave Carney



Bozho Jayek (hello everyone) – and Happy New Year!

Whew! The holidays are over and we all survived. The start of a new year always brings new hope and new prospects. 2013 is no exception.

I’m looking forward to returning to the Nation in June for the Family Festival and to be able to see the progress of all of the building projects first hand - especially the Grand Hotel and the Arena at Firelake. Both of these projects are key to making the Nation a first rate travel and tourism destination. As I have travelled around District 8, I have met many members that have never travelled “back home.” I’d really like to encourage people to go to Oklahoma when time

and finances permit. This doesn’t necessarily have to be during the Family Festival, any time of year is a good time to see the Nation’s many recent accomplishments. I remember sitting with Linda Capps at a regional meeting in Northern California years ago asking me if I had ever been to Shawnee. When I told her “no,” she smiled sweetly and said, “You should...you’d like it.” She was very right.

January is the time when candidates will be declaring for the June election. There are several legislative races this year and a race for the Chairman’s position. In August 2007, CPN members ratified a constitutional revision that created a 16-member legislature with eight members from Oklahoma and eight from the other 49 states (the three members of the executive branch sit as part of the 8 representing Oklahoma). It’s hard to believe that our unique government is over five years old. If you meet the qualifications and feel that you have the time and talent to serve, I encourage you to run. I don’t know who will declare this time, but I do know that two incumbents

(the Chairman and my sister, Eva Marie Carney from District 2, will be asking to be re-elected). Both of these individuals have earned my respect and admiration as I have seen them both work tirelessly for the members they represent and the Citizen Potawatomi Nation as a whole.

I hope to have some events in new locations in 2013. Southern Oregon and Eastern Washington are on my list. I have planned events in the past based on where I believe I can draw a good number of members and where members have not historically had CPN elected officials visit in the past. About two years ago, the Tribal Rolls department provided me with a map of District 8 showing each county and the number of CPN members who reside there. This was a project accomplished by an intern who is no longer with the Nation and it will not be updated. Therefore, it is really important that I hear from you with your e-mail and your mailing address. It will shape future plans.

If you reside in District 8, I’d like to invite you to join the District 8 Face book group. As of today, this group stands at 97 members. There are several active contributors to the page and it is a great place to read posts about CPN history, District 8 events and the lives and livelihoods of our District 8 members. Please look up District 8 Citizen Potawatomi and help us get to 100 members! If you live in another district, there are two or three CPN related Face book groups that are active and connect members on a national level.

As always, if I can be of any assistance to you, please feel free to contact me.

Bama pi,

Dave Carney/Kagashi (Raven)
District 8 Representative
www.dave-carvey.com
dcarney@potawatomi.org

District 9 - Paul Wesselhoft



Bozho, Nikan,

INDIAN ENOUGH:

A Dialogue on Blood Quantum

I wrote and passed a bill, now law, eliminating blood quantum in Oklahoma as a qualification for the position of the Governor’s Native American Liaison. I posted this information on Facebook and received this response from a prominent Native American lady:

“Well, Paul, I didn't really agree with taking the blood quantum requirement out. There is a vast difference between how dark skinned natives are and

were treated as opposed to those who can pass for Caucasian. I think it would have done the Governor's office and our tribes better to have a dark skinned native appointed, and the only dark skinned natives, more than likely, have a blood quantum of higher than 1/4.”

I answered: “I believe most, if not all, tribal nations disagree with you. Blood quantum was, and is, a cynical federal devise and program to disenfranchise and do away with Indians. Blood quantum is racism, pure and simple. If the states and federal government continue to allow blood quantum, in the future, by simple math, there will be no more Indians because of intermarriage. Ask a number of tribal chiefs, governors, and chairmen.”

She answered: “Oh I totally agree with you on the reasoning and the future of our Indian nations, as do most of us, by that logic we are breeding ourselves out of existence. I didn't say I believe blood quantum is the end all be all of how to designate one of us as a citizen of a tribal nation. I just don't see how someone who has not lived the life of a person who has been treated differently because of dark skin, can empathize to the degree needed to represent all Indian tribes in Oklahoma.”

This real conversation is a poignant reminder of our continual struggle to define for ourselves who we are as Native Americans; as well as allowing others to define us whether we are Indian enough.

Migwetch,

Paul Wesselhoft / Naganit (Leader)

Legislator Columns

District 10 - David Barrett



Bozho,

Looking back from what we have learned and have experienced, we need to think on how and what we hope to do and accomplish in this new year of 2013 that we are embarking on. How did we measure up to our own standards? Was there any room for us to make improvements? Yaw right! I know there are a lot of things that I'm concerned with in my own personal life. If we concentrate on becoming better at our jobs, extending ourselves to value other people's opinions, and making better decisions based on factual data, by doing just that, we will not have to be waiting or holding back for others to take that leading position. It will become inherit in our nature to be thinking and planning ahead. How about improvements with family and friends? What all of us can improve on is communication.

Communication and Courage are the two things that I plan to step up in this new year of 2013. Let's talk about courage first because I think this will occur before communication has a chance.

Courage is an attribute that most of us have; however, we are all allowing certain freedoms to be slowly removed since we allow ourselves to think we are in the minority on these issues. We will be if each of us doesn't exercise that right to be heard. But contrary to this fact, when we stand up for certain rights this will encourage others who are waiting on the sidelines to be emboldened to also step forward. So many issues come to mind for me but let each of us decide what is more important for ourselves.

To tackle communication there is a wealth of knowledge to be had on how to improve the process to communicate. First look at yourself and others to determine what style each are using or what their style is in the business arena.

Let's not look to deep in the personal management styles of leaders that only have close, chatty conversations, talks about everything except work, wants to be assured

everything is OK, uses "they" a lot (Passes the buck) ,unlikely to pose questions (Don't want visibility), wants subordinates to nod (Yes) in agreement, and tells you what to do and how.

We need to concentrate to those styles of leaders whose styles that show compromise, able to adjust, and accommodate, tuned into formal and informal lines of communications, able to take informal grips, rumors, and gossip to which they will make formal communication of the messages downward.

We must promote understanding and gain support from our peers, we must be factual (dealing as adults and be non-judgmental but objectively allowing our co-working room to recover their ego), we must deal with the problems not just kicking the can down the road, and most important we must engage in open discussion where everybody wins.

When we incorporate all parties as a team, this seems to be the winning ticket. Not only are we able to listen to others and have the involvement of others sharing their comments at the same time, this allows all parties to have skin in the game or having made a contribution.

Not only can these concepts or principles good for the workplace but works great for the family unit. Being part of a unit is essential for young people as they grow into adults to have gained these contributing concepts. This will help them better cope with entering their new walk as adults.

As always I'll be looking forward to meeting and talking with you in 2013.

It goes without saying that it is both a pleasure and honor to serve you and our great Nation.

Migwetch,

David Barrett/Mnedobe (Sits with the Spirit)

Oklahoma Legislator, District #10

DBarrett@Potawatomi.org

District 12 - Paul Schmidlkefer



Bozho Nikan,

Recently I had myself a good chuckle. I was thinking about how our recent presidential campaign reminded me of some of our long past tribal elections. I remember a time when there would be some rather rambunctious meetings. Funny how people used to think the tribes couldn't govern themself because of this. Now it's referred to as passion. I hope they get it worked out soon.

Holiday season is upon us. By now most of us have celebrated out Thanksgiving meal and Christmas. I certainly hope everyone got what they wanted. I'll be happy just getting to see everyone at our family get together. I remember a child going to my

grandmothers for the big get together. Might be the only time we saw some of our cousins each year. Now this takes place at our house. I get the most enjoyment out of watching my grandkids open their packages.

Please be safe during the holidays and New Year and drive safely as you go to your celebrations. For those who partake in the holiday joy please watch your intake. Wishing each of you a happy and safe holiday and a wonderful New Year.

There are many things going on at our nation and I would also like to take this opportunity to thank our many employees for what they do for us.

As always it is both a pleasure and an honor to serve you and our great nation.

Bama pi and megwetch,

Paul Schmidlkofer

District 13 - Bobbi Bowden



Bozho Ninikan:

Here we are again! Right in the middle of the Holiday Season! I hope that you are all enjoying the season and keeping your sanity thru the hustle and bustle.

I again would like to remind you as you are looking for gifts of the season do not forget to check with one of our tribes enterprises. Gift certificates are available from the grocery store and can also be used for gasoline at one of our travel stops. The gift shop at the Heritage Center has many selections and things that are directly related to our culture. What a great feeling to give a gift and or receive a gift with such meaning.

As the New Year approaches this is also the ideal time to begin thinking and making those New Year's resolutions as well as thinking about the upcoming 2013 Family Reunion Festival. The Festival is always scheduled for the last weekend of June. The beginning of the year is the perfect time to start preparing your regalia for Grand Entry at the festival. The employees at the heritage center will be happy to direct you in the correct way to get regalia or any other items. I am also happy to help in any way needed. Please do not hesitate to contact me with any questions or ideas. Bbowden@potawatomi.org

I wish you and your families a blessed holiday season. Please take a moment during to remember and thank our creator for all of our blessings.

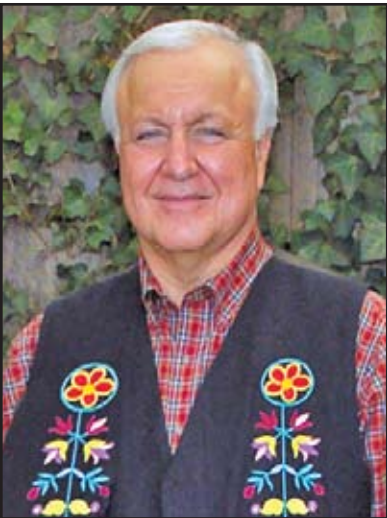
I am honored to serve you all!

Bobbi Bowden

District 13, Legislative Representative

Executive Columns

Chairman - John "Rocky" Barrett



Bouzho, Nicomic (Hello, my friends)

I am looking forward to an exciting 2013! We are about to achieve some huge milestones. This coming year will see the first investment in an on-reservation non-tribally owned facility by an individual Citizen Potawatomi Nation tribal member's business. It will also see the completion of a large tourism and retail services facilities base infrastructure. These new facilities will attract the public in ways and numbers we have only dreamed about in the past. These large public entertainment venues and retail centers will also be a base upon which individual Citizen Potawatomi who are looking for locations for their own businesses to employ other Citizen Potawatomi can build.

It is a goal towards which we have worked for more than 20 years. I recall many of you asking "When will you guys get finished putting up new buildings?" While I cannot say we will ever stop building as long as our population continues to grow - and our need to provide jobs and services continues to grow, I can say there is a change that has arrived with new federal laws that will allow us another way to grow. Our tribe cannot, and should not, invest in construction on a continuing basis at the rate we have had to in the past 10 years. But it has not been willy-nilly. There has been a goal and a theme for development. What we have been building towards is a "core of commerce" that will attract outside customers for the next set of developers - our own people. The true nature of our traditional Potawatomi culture throughout our history is based on mutual benefit from shared governance, commerce, and community - all reinforced with the trust that kinship and shared destiny can provide. What we have built is a place that can provide us with jobs, investment, capital, housing, health care, security, entertainment, and pride - with the incentive towards success that only individual investment and ownership can provide. That can best be described as "Opportunity".

The start of the New Year here at the Nation finds us with six construction projects underway. Three of these projects are being built to house government services and three of them are tribal enterprise projects. Up to now, these were the only two types of project that we were able to accommodate here at our Oklahoma land base. We started with virtually nothing in the early 1970's, built a few buildings in the late 70's and early 1980's with funds given to us by the federal government, and then began the development of multiple businesses that could keep the same customers making multiple purchases to build our sales tax base. It has been a long, hard process because of our need to build commerce and run a government at the same time.

For too long, we have been handicapped as a government by paying for necessary tribal government services with profits from our business. That is not the traditional way governments operate. The most efficient way for a tribal government to operate is with tax revenue from its own economy - and allow tribal business profits to go to growing the tribal economy and increased quality of life for our tribal membership, employees, and customers (who we hope are all increasingly one in the same). Right now, we provide places to buy groceries and fuel and entertainment, but there is so much more shopping and other business that can happen here that would "feed each other" customers. The only way this can happen quickly is for new businesses not owned by the Nation to locate and build here. This will cause more of our people, and others, to move here to live, visit here to play, and come here to heal. But we need to act now. We have "opportunity cost" in not doing it now. That can be a confusing term.

"Opportunity cost" is the cost that you stand to lose when you do not take up an opportunity. Here is an example: Let us say, that I am a farmer and I see that the cost of fertilizer dropped by 10% due to some governmental regulations. Fertilizers that used to sell for \$250 per 100# bag now sell for \$225 per 100# bag. Then let's say I read in the paper that the fertilizer companies want the government to reverse its decision on the price cut and they are negotiating. Now, this is an opportunity for me. As a farmer, I need to buy fertilizer on a regular basis anyway, and if I buy 10 bags of fertilizers right now, I will spend \$2250. If the government reverses its decision and the price goes back to \$250 per bag next week, I have to shell out \$2500 to buy the same 10 bags of fertilizers. So, if I seize the opportunity now and buy, I save \$250. Instead, if I ignore the opportunity, I stand to lose \$250 the next time I buy 10 bags of fertilizers. This \$250 savings that I will be losing out on is called the "Opportunity Cost".

I do not believe we will see another time in this generation that the combination of low interest rates, willing investors, pent-up consumer demand, and federal regulatory changes will combine the way they are right now. We have huge "Opportunity Costs" if we string out our development period over a longer period of time. We do not, however, believe

continued from page 14

in large levels of debt. We cannot print money like the United States, or force people to pay taxes on what they have like the states. So the Tribal Legislature has always had to balance the "Opportunity Costs" of a project against the risk of debt for the Nation to build new businesses and services. Now we have a new third way to do it, and a way that has exciting potential. But first a few words on our history of borrowing money.

The Citizen Potawatomi Nation has always limited its borrowing to no more than one year of gross income, with very few exceptions. This is very conservative, but tribes should not take financial risks when the largest risk cannot be quantified or predicted - the risk of regulatory greed and confiscation of our income by states or federal authorities. It has happened in the past and can happen again. Political polarization in Oklahoma, and a mistaken perspective that gain by a tribe comes at the expense of the state, has hurt cooperation - which s opportunity lost. Moreover, there is more risk in that we do not have a sympathetic federal court in which we can seek relief. So our best solution to less debt is private investment from outside of our present economy. Debt has other obstacles for Indian tribes that non-Indian business does not have.

Indian tribes have always suffered from an inability to leverage their investments in "bricks and mortar" facilities. We could not, until the new laws taking effect in 2013, borrow against a building to build it, in the way all other businesses and individuals can use mortgage financing. The United States, our "trustee" for tribal land, does not allow Indian trust land to be "alienated" - a big word for lost through foreclosure by the bank if an Indian tribe does not pay. As a result, big banks do not lend large amounts of money to tribes except against income, savings deposits, and fixtures. We are, in many ways, cash businesses. This put us at a great disadvantage. The new law going into effect in January, 2013 allows us to provide a bank with collateral in the form of a mortgage against “leasehold” on tribal trust land. So, a bank cannot take tribal land and sell it if the tribe fails to pay, but instead can use the land and building under a lease to generate income until it gets its loaned money back. This is a huge step - one that we have been lobbying Congress to fix for over 15 years. Better yet, this policy now applies for both an Indian tribe as a borrower, and individually-owned businesses that lease tribal trust land on which they build their own buildings. The tribe will always own the land and building, but a business owner can get, under the federal statutes, as much as a 25 year lease with two more 25 year renewals. This is plenty of time for a business investor to recoup his investment at a profit.

The Tribal Legislature is now considering new Tribal Statutes that will comply with the new federal laws allowing the Citizen Potawatomi Nation to manage its own leases on tribal trust land. These laws will describe the process of independent appraisal of the amount of rent an individual Citizen Potawatomi developer should pay as "fair market" rent for bare dirt building sites, the types of businesses allowed that do not detract from our tourism and retail core or contribute to the manufacturing and industrial template we plan for our industrial parks. The legislation will also including environmental, safety, hiring, and conflicts of interest issues. I anticipate there will be different levels of required investment, and strict qualifications for financial strength, experience, and credit history.

With legislative authority approved, we plan to start with strong, financially capable existing local businesses owned by Citizen Potawatomi tribal members. The first buildings they build will be larger "ground up" projects that create employment and traffic as well as sales taxes. The first will be across the road from FireLake Bowling Center. This census tract area qualifies an individual developer, but not a tribe, for a federal tax incentive program called "New Market Tax Credits".

The first prospect is BDC Gun Room's new \$1,600,000 indoor gun range and archery range with retail sales of guns, ammunition, bows, arrows, targets, training, and repairs. Projected sales tax collections by the Nation are \$170,000 per year. Additional tribal revenue from land use fees, property improvement taxes, purchase of water, sewer and other utilities are projected to generate another \$30,000 per year. The facility will also have a food and social area. This business is wholly owned by my son, Jack Barrett, and entirely financed by him. Because of the father-son relationship, I will be abstaining from the contract approval process and all negotiations on lease terms - which will also be made public for your examination. I hope that this affirmation of belief by my son and his family in the long term stability of the Citizen Potawatomi Nation government and its laws will demonstrate that there is a great, and safe, future for our tribal Nation. My son believes, as I do, that there is no more legal risk in long term financial commitments enforced under Citizen Potawatomi Nation law 75 years in the future than in the State of Oklahoma. Jack and I both hope his demonstration of confidence with such a large personal investment will serve to encourage other members of our tribe to consider, with confidence, expanding their business to their reservation. We look forward to approval of the new land use operating statutes by the Tribal Legislature. We will publish the new laws in the next HowNiKan. After that time, if you have a project that you believe will qualify, please contact me personally. We need your business investment here at home.

Thank you for the honor and privilege of serving as your Tribal Chairman. I hope for a great 2013 for you all.

Megwetch (Thank you)

John Barrett (Keweoge - He Leads Them Home)

Vice Chairman - Linda Capps



Tribal member Jeremy Bennett, a proud member of the Bostick/Arrasmith families, was recently approved by the Oklahoma State University Institutional Review Board to conduct his graduate research study for a project entitled “Oklahoma Tribal Food Security Outlook.” The study is in conjunction with The Citizen Potawatomi Nation and the Iowa Tribe of Perkins, Oklahoma. The goal of the study is to understand how different socioeconomic factors affect food security for American Indians. The research focuses not only on household food insecurity, but also the factors which cause and contribute to American Indian households becoming classified as food insecure.

Food security means access by all people at all times to enough food for an active, healthy life. There is a tremendous negative impact on the well-being of

children and families who do not have adequate food. Three socioeconomic factors (educational attainment, employment status, and geographical location) will be measured in Jeremy’s study to find which factor has the strongest correlation with food insecurity for American Indians. The study began this week with an initial meeting of a focus group and will end toward the latter part of the 2013 winter/spring semester. Randomly selected addresses with the assistance of Charles Clark of Tribal Rolls Department will be chosen in order for Jeremy to conduct his survey work in person. To ensure confidentiality, no names will be used and responses are completely anonymous. Additional details for the survey are presently being finalized and will be announced at a later date.

Part of the glory to Jeremy’s research story is that several employees of our Nation are

participants of the focus group for the graduate study. What a neat way to be involved with the project! It is not very often that we have the opportunity to provide input in such a manner. The members of the focus group include: Donnette Littlehead, Cindy Peltier, Shelley Schneider, Denise Smith, Richard Driskell, Jeff Foresee, and Tim

Weddle. Jason Greenwalt and I are honored to be in the mix as representatives from administration. Each director or manager of their respective program is chosen due to their expertise in social, health, and/or food issues. The focus group met December 3 for a pizza luncheon that was held in the party room at the FireLake Bowling Center. Director Chris Skillings’ gracious hospitality for being on hand to help host a group at the bowling center is always greatly appreciated.

Formed to provide input, the focus group certainly did a fine job! Both Jason Greenwalt and I were very impressed with the information provided for Jeremy Bennett’s research project. Not surprising to me, our people have a wealth of knowledge on issues and factors surrounding food security and insecurity. During the focus group meeting, tribal participation in food assistance programs and barriers were discussed and will later be addressed in the study.

Dr. Jody Campiche of OSU is Jeremy’s advisor for the project. She accompanied him to the meeting in order to provide an official environment for the focus group. At the successful completion of the research study, Jeremy will have all required course work to obtain his master’s degree from OSU in Agricultural Economics.

At the end of the focus group meeting, there was not one person in the room who could deny these facts: 1) They gained new and important information; 2) The experience was unique and quite enjoyable. I want to thank the staff members from the Nation who have agreed to be involved in this project. Their names are listed above. They are hard-working, loyal directors or managers of programs for CPN. They are examples of the Nation’s many employees who I consider the “best of the best.”

As usual, I cherish the opportunity to serve as your Vice Chairman. May you have a wonderful Holiday Season!

Migwetch, Linda Capps



Jeremy Bennett and Dr. Jody Campiche



l to r: Richard Driskell, Jason Greenwalt, Tim Weddle, Cindy Peltier



l to r: Jeff Foresee, Donette Littlehead, Shelley Schneider, Denise Smith



l to r: Jeff Foresee, Donette Littlehead, Shelley Schneider,



l to r: Jeremy Bennett, Linda Capps, Dr. Jody Campiche



Alibon Ogeeada

Graveside services for Albion Lindon Ogee, 81, of Ada, are 10:00 a.m. Friday at Memorial Park Cemetery. The Chickasaw Honor Guard will conduct military honors at the cemetery. A Wake Service will be held 7:00 p.m. Thursday at Criswell Funeral Home. Mr. Ogee died Monday, November 12, 2012 at his home. He was born August 20, 1931 in Ada, Oklahoma to Lindon A. and Cleo Mary Smyth Ogee. He attended Conway Community grade school and graduated from Byng High School. He graduated from East Central State College in 1957 with a Bachelor of Science degree in Education. He married Mooniene Perry on December 25, 1952. She served as a Chickasaw Legislator and preceded him in death on September 16, 2006. Mr. Ogee taught school at Gerty, in Nevada and McLish. Later, he was the Pontotoc County Election Secretary and a former Pontotoc County Commissioner for District 1. Mr. Ogee was a rodeo rancher and a member of the Citizen Band Potawatomi Tribe. He served as an Army Infantryman for two years during the Korean Conflict from November 7, 1949 until being honorably discharged on March 17, 1950. Survivors include a nephew, Don Jackson and his wife Lynn; two great nephews, Donald Jackson and Troy Elston; and two great nieces, Julie Gonzales and Debbie Eaton. He was preceded in death by his parents; his wife; and a niece, Linda Jackson. Bearers will be Donald Jackson, Don Jackson, Ronnie Eaton, Tommie Eaton, Robert Prater and Bill Scarborough. Obituaries may be viewed and online condolences sent to criswellfh.com.



Bobby Jack Upton

Bobby Jack Upton went to be with the Lord on Wednesday, Nov. 7, 2012.

Memorial Service 2 p.m. Saturday at Boulevard Baptist Church in Burleson, officiated by Pastor Terry Williams.

Bobby was born Sept. 9, 1933 in Shawnee, Okla. He was a tribal member of the Citizen Potawatomi tribe.

Survivors: Sons, Paul Upton and wife, Merla, of Burleson and Terry Upton and wife, Nell, of Crowley; wife, Patricia Upton of Fort Worth; sister, Joane O'Rourke of LaGrande, Ore.; and many grandchildren and great-grandchildren.



James F. Magee

James F. Magee, of Mayetta, Kansas passed away Friday, October 19, 2012 at home with loved ones. At his request cremation has taken place and there will be no funeral service. Multiple celebrations of Jim's free spirited life will be held in many different ways in different places and in different states. All are invited to celebrate anyway they choose at anytime. Jim was loved by many and will be missed by all who knew him. The family would like to thank Citezen Pottawatomie Nation for their services and support.



Kristy Lynn Bounds

Feb 21, 1973 - Sept 27, 2012

OKLAHOMA CITY

Kristy Lynn Bounds, of Okla. City, passed this life on Sept. 27, 2012, at the age of 39. She was born on Feb. 21, 1973, in Okla. City to Terry & Jennifer Bounds. She graduated from Luther High School with the class of 1991. She worked as a Clinical Research Specialist at the time of her passing. She enjoyed scuba diving and loved watching her sons play ball. She leaves to mourn her passing her mother, Jennifer Hunter and her husband Michael, of Oklahoma City; her father, Terry Bounds and his wife Suzie, of Tryon, OK; her two sons, Braeden and Reagan Tracey; one brother, Jared Hunter, of Okla. City; two sisters: Ashley Bounds, of Choctaw; and Tera Bounds, of Edmond; and her best friend, Danny Tracey; as well as a host of other family and friends. Services will be held 2 p.m. Tuesday, Oct. 2 at the Luther School Auditorium, with burial following at Resthaven Cemetery in Okla. City. Services are entrusted to Brown's Funeral Parlor in Luther, OK.



Leon Louis Lincoln

Leon died Sat., Oct. 6, 2012, at Rolling Hills Care Center, Catoosa, at the age of 70.

The son of Ross W. and Dilla Ione (Hollingsworth) Lincoln was born Oct. 10, 1941, in Tecumseh. He attended Harjo School, and then joined the U.S. Army. He returned to Tecumseh before moving to Texas where he worked as a diesel mechanic. He then moved to California where he worked as a truck driver, before moving to Claremore. Leon also began working in carpentry. On March 29, 1988, he married Patsy

Ann (Mosby) Reeves. He enjoyed fishing, crossword puzzles, and woodworking. He was a past officer of the American Legion.

Leon is preceded in death by his son, Robert Lincoln, and his parents.

He is survived by his wife, Pat Lincoln of the home; children: Carl Lincoln of Bentonville, AR, Rebecca Henson and husband, Tim of Bella Vista, AR, and Leon Lincoln, Jr. of Bella Vista, AR; step-children: Preston Stanley and wife, Robin of Sylacauga, AL, Patrick Mosby and wife, Anna of Claremore, and Stephen Mosby and wife, Wendy of Claremore; sisters: Carolyn Jo Keiffer and husband, Jack of Tecumseh, and Kathleen Norris of Shawnee; 3 grandchildren, 17 step-grandchildren, 1 great-grandchild, and 4 step-great-grandchildren



Norma Jones

Norma Jean (Headrick) Jones passed from this life on November 4, 2012 in Shawnee Oklahoma.

She was born on December 11, 1930 in Shawnee to Georgia Cooper and Phillip "Sandy" Headrick.

Norma was raised in Shawnee and Checotah and moved to Mcloud where she graduated high school. There she met her husband Jack L. Jones and began her life as a Air Force military wife. They were stationed in Japan for three years and then later transferred to Mississippi, Kansas and Texas. They retired to Shawnee in 1973. Throughout her life she was involved in many clubs and loved to play bridge. Norma was a member of the VFW Women's Auxiliary and a proud member of Citizen Potawatomi Nation. She loved attending her church Circle of Friends. Norma enjoyed watching her sports, OU, OKC Thunder and the Dallas Cowboys. She loved her children and grandchildren and will be forever missed.

She was preceded in death by her husband Jack L. Jones, her mother and step-father Georgia and Ralph Cooper and her dad Phillip "Sandy" Headrick.

She is survived by her loving family. Son Jarold Jones and Holly Hughes, daughter Jann and Randy McAlister., brother Ronald and Cheryl Thrasher, sister-in-law Josiane Jones. Her grandchildren Benn and Desiree McAlister, Janna and Grant Montgomery, Nikki and Patrick Amelotte. Great grandchildren Lexi, Edyn, Benson, Peyton, Brendan, Moira, Nola and Mick. Step grandson Philip and Candace Smith and Leah. Nephew Derek Thrasher and niece Josette Jones. Norma is greatly missed by her cat Iggy, her best friend.

Visitation will begin Wednesday evening November 7, 2012 at Resthaven Funeral Home. A memorial service will be held at 2:00pm Thursday November 8, 2012 at Resthaven Funeral Home.



Peggy Lue McCreery

Peggy Lue McCreery

1929-2012

Funeral services will be held for Peggy Lue McCreery, 83, of Chickasha at 10:30 a.m. on November 30, 2012, at Epworth United Methodist Church with Dr. Rockford Johnson officiating.

Peggy was born August 27, 1929, in Trousdale, Oklahoma, the daughter of James Raymond Lawson and Mayme Essie Nickell. She died Wednesday, November 28, 2012.

Peggy grew up in the Trousdale/Wanette area and graduated from Trousdale High School.

Peggy met Harold Lee McCreery in Shawnee, Oklahoma and they were married in Carthage, Missouri on September 10, 1951. They moved to Chickasha in 1969 after having been in Tulsa and Oklahoma City.

Peggy will be missed greatly by many friends and family.

She was preceded in death by: her husband, Harold McCreery, Sister Ilene O'Dell and sister Judy Rogers.

Survivors include two daughters: Susan Mahaffey and husband Press Mahaffey and Katherine Meier. Peggy's grandchildren, whom she adored, were: Michael Mahaffey of Stafford, Virginia, Kristi Mahaffey of Edmond, Oklahoma, Steve Meier and his wife Lydia and their daughter Kara of Clinton, New Jersey, John Meier and his wife Mariko of Boston, Massachusetts. Two brothers: Bobby Lawson and wife Pat of Oklahoma City, Perry Danny Lawson and wife Beverly of Moore, one Brother in-law: Truman O'Dell of Henrietta, Oklahoma, and several nieces and nephews.

Peggy enjoyed being with her family and loved all living creatures. She enjoyed many years of being a member of Epworth United Methodist Church and singing in the Epworth United Methodist choir. She and Harold had many enjoyable years of travel and looking into the family genealogy. She was proud to be a member of the Potawatomi Nation and was the Great-great granddaughter of Chief Joseph Laframboise.

Interment will be at 2:00p.m. at the Wanette Cemetery in Wanette, Oklahoma, under the direction of Ferguson Funeral Home.



Ruth Phelps

Ruth May Webb Phelps, 89, entered into eternal peace on Wednesday, November 7, 2012 in OKC.

Ruth was born September 23, 1923 in Maud, Oklahoma to Dennis Mars and Peva (Smith) Mars. The Mars family moved to Goldsby, OK in 1927 where Ruth was raised with her 8 siblings, all members of the Citizen Potawatomi Nation. She attended school in Washington, OK. Ruth was preceded in death by her husband of 42 years,

Wayne Webb, and her second husband, Chester Phelps; her parents; 5 brothers Joe, Amos, Warren, Jack, and Adrian Mars; 4 sisters Emely and Clara Mars, Laura Guinn, Margaret Watson, Lucille Cartmill, and a half-sister Katie Cole.

She is survived by her son and daughter in-law, Gary and Dianna Webb of Blanchard, OK; her daughter and son in-law, Rick and Jane Maynard of Round Rock, TX; two granddaughters, Rendi Webb Roberson and husband Jeff of Blanchard, OK and Andrea Maynard DeLeon and husband Keenon of Bartlesville, OK; three great-grandchildren, Shiloh and Jacob Roberson and Annaleigh DeLeon; also Ruth's step-daughter and son in-law, Sharon and Ralph Dean of Norman, OK and their children Shannon and Ryan Dean.

Ruth married the love of her life, Wayne Webb on June 8, 1942 in Blanchard, OK. Ruth waited for Wayne to return from the war then they started their journey together. After the war, they lived in Cushing and Edmond, Oklahoma where their family grew with the birth of their children. Later they moved to Cortez, Colorado and then Farmington, New Mexico to start an exciting journey with Halliburton Corp. in the new oil frontier of the 1950's. Ruth was an active member in her local churches and was a Sunday school teacher for several years. She also served as a Cub Scout leader and Girl Scout leader with her children.

In 1968, Ruth and her family returned to their home in Goldsby, Oklahoma to care for her Mother. During this time, they owned and operated the Mobile Service Station in Blanchard for several years. Ruth loved her flowers and her vegetable gardens and enjoyed sharing the fruits of her labor with family and friends. She also enjoyed cooking delicious meals for her family and sewing dresses for and with her granddaughters. Her courageous spirit and determination were evident with her faith in the Lord. She loved to read and study the Holy Bible, having read it through numerous times. Ruth retained membership at the Goldsby Baptist Church.

Ruth married Chester Phelps in 1989 and lived in her home in Goldsby, Oklahoma where they enjoyed gardening together. In her later years, her granddaughters and great-grandchildren brought her much joy and happiness.

Funeral services will be 10:00 A.M. Saturday, November 10, 2012 at the Goldsby Baptist Church in Goldsby, OK. Interment will be at the Blanchard Cemetery. Arrangements are by Wilson-Little Funeral Home in Purcell. Memorials may be made to the Alzheimer's Association, Central OK Regional Center, 5400 N. Grand Blvd, Suite 255, OKC, OK. 73112. Online condolences may be sent at wilsonlittle.com



Virginia McCuin

Virginia C. Fallini/McCuin, 72 of Silver Springs, NV walked on Thursday October 4th at Mountain Springs Senior Care in Carson City, NV. She was born in Tonopah, NV to Eugene W. Fallini (Willie) and Alice Elanor Titus. She attended schools at the Twin Springs Ranch, Tonopah, NV and the University of Nevada, Reno.

Virginia married Patrick D. McCuin on November 5th, 1958 in Ely NV. They were co-owners of the Twin Springs Ranch until 1969 when they purchased Currant Creek and ran this ranch, bar, and café until 1974. After a brief stint in Gooding, ID the McCuin's moved to Las Vegas, NV where Virginia began her career as a gold and silversmith. She began taking courses from UNLV in Indian jewelry craft. She learned the basics, but her ultimate goal was to become an engraver. She soon discovered that engraving was not to be learned easily, the "tricks of the trade" were jealously guarded. With determination she persevered and over a period of twenty eight years, Virginia, mainly self-taught, became one of the premier western engravers and jewelers in the United States.

Survivors include her son and his wife Gary and Kay McCuin and daughter Debbie McCuin, and sister Mildred (Chi).

Graveside services will be held at the Lockes Ranch in Railroad Valley on October 13 at 10:00 am